

# kids yoga

**10 Saturdays, beginning Sept 24**  
**30-min Demo - Sept 17**

**Class 1: Ages 8-12**  
**9-9:45am**

**Class 2: Ages 4-7**  
**10-10:45am**

In this specially-designed program, kids will enjoy the benefits of yoga by giving them a strong sense of mind within a sound body.

**Must pre-register via email:**  
[julie@bronxhouse.org](mailto:julie@bronxhouse.org)

Annual Family/SPF Members: FREE  
Community: \$100,  
plus \$50 registration fee

\$0 registration fee for all other  
annual memberships.



**BRONX**  
HOUSE

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