FUN DAY ON THE PARKWAY

Saturday, Sept 14 • 11am-3pm

FREE!
- BOUNCE HOUSE
- MUSIC
- TATTOOS
- ACTIVITIES & GAMES
- REFRESHMENTS
- DANCE, MUSIC & YOUTH SPORTS DEMO CLASSES

FEATURING EXCITING ACTIVITIES FROM
BRONX CHILDREN’S MUSEUM & NEW YORK PUBLIC LIBRARY

REGISTER & SAVE!
- $0 REG. FEE ON SELECT FITNESS MEMBERSHIPS
- SAVE $15-$20 ON MOST GROUP CLASSES
- $500 OFF FULL CAMP SEASON w/$500 deposit

Discounts valid from Sept 9-15, 2019

BRONX HOUSE
A better life for everyone.™
990 Pelham Parkway South | Bronx, NY 10461
718.792.1800 • bronxhouse.org
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Visit bronxhouse.org

Hours & Holiday Closings

Building
Mon-Fri: 8am-9pm
Sat & Sun: 8am-5pm

Business Office Hours
Mon-Fri: 8:30am-7:45pm
Sat & Sun: 8am-4:45pm

Monday, September 2, 2019
Labor Day

Monday, September 30, 2019
Rosh Hashanah

Tuesday, October 1, 2019
Rosh Hashanah

Tuesday, October 8, 2019
Erev Yom Kippur - 7pm Closing

Wednesday, October 9, 2019
Yom Kippur

Thursday, November 28, 2019
Thanksgiving Day

Friday, November 29, 2019
Day after Thanksgiving
Fitness, Gym, Aquatics - Open 9am-12pm

Tuesday, December 24, 2019
Christmas Eve - 6pm Closing

Wednesday, December 25, 2019
Christmas Day

Tuesday, December 31, 2019
New Year’s Eve - 6pm Closing

Wednesday, January 1, 2020
New Year’s Day

Join the conversation!

Visit bronxhouse.org

Fall/Winter 2019/20 • 718.792.1800
Executive Staff

Howard Martin  
Chief Executive Officer

Corina Pintor (on leave)  
Chief Operating Officer

Alberto Cruz  
Chief Program Officer

Christopher DeGiulio  
Director of Finance

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Bronx Green Middle School Site Director  
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octavia@bronxhouse.org

Maxxi Prather  
PS 105 ASP Coordinator  
(718) 824-7350, ext. 1641

TBA  
Tween & Teen Director  
(718) 792-1800, ext. 229

Board of Directors

Chairman of the Board  
John Usdan*

President  
Mark J. Hausner

Vice Presidents  
Manoj Pardasani, Ph.D.  
Mark Rubin  
Adam Weiss

Secretary  
Ed Friedman

Vice President Emeritus  
Kenneth H. Treitel, D.D.S.

Secretary Emeritus  
Lawrence Prospect**

Chairman of the Board Emeriti  
Elias Karmon**  
Martin E. Messinger*  
Blanche C. Rifkin* **

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John Beres  
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Kirstie Reynoso  
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Mathew Rubin  
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Kenneth H. Treitel, D.D.S.  
John Usdan*  
Adam Weiss  
David Weiss

Honorary Directors  
Joseph R. Lasser**  
Mark D. Litt**  
Henry Morgenthau**

* Past President  
** Deceased
THANKS TO OUR PARTNERS

Our Mission
As a community center, Bronx House offers dynamic educational, health, recreational and cultural programs that are enriching and meaningful. Guided by our Jewish communal values and traditions, Bronx House welcomes all people to engage in opportunities to lead a better life.

Bronx House would like to thank our partners in the community for helping to support our mission.

Bronx House Board of Directors

UJA-Federation of New York

United Neighborhood House

FOJP Service Corporation

City and State Funding Sources
NYS Child and Adult Care Food Program
NYC Department for the Aging
NYC Department of Cultural Affairs
NYC Department of Education
NYC Department of Youth and Community Development
NYS Council on the Arts
NYS Office of Children & Family Services
NYS Office of Homeland Security

Foundations
Autism Speaks
Butler Foundation
Con Edison
Hyde & Watson Foundation
Music for Youth
New York Yankees Foundation
Sports for Youth
Washington Square Fund

Elected Officials
NYC Councilman Mark Gjonaj
US Congresswoman Alexandria Ocasio-Cortez
NYS Senator Alessandra Biaggi
NYS Assemblywoman Nathalia Fernandez
Bronx Borough President Ruben Diaz Jr.

Partners in the Community
49th Precinct NYPD
49th Precinct Neighborhood Coordination Officers
49th Precinct Community Affairs Officers
Allergic To Salad
American Red Cross
B-PECA
Bronx Advocates for Justice
Bronx Community Planning Board #11
Bronx Green Middle School
Bronx Jewish Community Council
Bronx Park Middle School
Dignity of Children
Girls Inc.
Girls Scouts
Henry Kaufmann Campgrounds
Hudson River Museum
IDNYC
INCLUDEnyc
JCC of Pelham Parkway
The Jewish Board
MOAMA
Music for Autism
New Amsterdam Fencing Academy
New York Blood Center
New York Botanical Garden
New York Public Library
NYC Board of Elections
NYC Department of Education Learning Partners
Partnership for After School Education (PASE)
Pelham Academy of Academics and Community Engagement
Pelham Parkway Neighborhood Association
PS 105
Ramapo for Children
ReelAbilities Film Festival
Riverdale Children's Theatre
Silver Sneakers
Temple Hatikva
Washington Heights YM-YWHA
### Fall 2019 Session

**Monday**  
September 16, 23  
October 7, 14, 21, 28  
November 4, 11, 18, 25

**Tuesday**  
September 17, 24  
October 8, 15, 22, 29  
November 5, 12, 19, 26

**Wednesday**  
September 18, 25  
October 2, 16, 23, 30  
November 6, 13, 20, 27

**Thursday**  
September 19, 26  
October 3, 10, 17, 24, 31  
November 7, 14, 21

**Friday**  
September 20, 27  
October 4, 11, 18, 25  
November 1, 8, 15, 22

**Saturday**  
September 21, 28  
October 5, 12, 19, 26  
November 2, 9, 16, 23

**Sunday**  
September 22, 29  
October 6, 13, 20, 27  
November 3, 10, 17, 24

### Winter 2019/2020 Session

**Monday**  
December 9, 16, 23  
January 6, 13, 20, 27  
February 3, 10, 24

**Tuesday**  
December 10, 17  
January 7, 14, 21, 28  
February 4, 11, 25  
March 3

**Wednesday**  
December 11, 18  
January 8, 15, 22, 29  
February 5, 12, 26  
March 4

**Thursday**  
December 12, 19  
January 2, 9, 16, 23, 30  
February 6, 13, 27

**Friday**  
December 13, 20  
January 3, 10, 17, 24, 31  
February 7, 14, 28

**Saturday**  
December 14, 21  
January 4, 11, 18, 25  
February 1, 8, 15, 29

**Sunday**  
December 8, 15, 22  
January 5, 12, 19, 26  
February 2, 9, 16
Why Bronx House?
When you belong to Bronx House, you become part of a larger community. Whether you like to swim, play hoops, dance, work out or enjoy a class, we’ll make sure you have the ultimate experience. Your membership includes use of the fitness center, pool, sauna, gym, fitness classes and free workshops. Family members also receive discounts on classes and other special activities offered throughout the year, including Day Camp.

Membership Information
Members receive a membership card upon registration. You must present photo identification in order to obtain a membership. To protect your membership privileges, you will be required to scan your card each time you enter the facility and fitness center. MEMBERS WILL NOT BE ADMITTED WITHOUT THEIR MEMBERSHIP CARDS. There are no children under 13 allowed in the Fitness Center. There is a $20 charge for replacement of lost cards.

Payment Options
Our auto-payment plan via credit card or bank charge makes it easy and convenient to enjoy your membership. All payments are billed on the first of the month. There are various payment plans to choose from and members who pay their membership in full will receive a discount off the full membership price. If payment is returned for insufficient funds or if a payment is received late, a service fee of $35 will be added to the payment amount.

Guest Policy
Members receive 2 FREE guest passes upon initial registration to be shared with family and friends. Guests are also welcome to enjoy our fitness and swim facilities. Guests may purchase a one day guest pass for $15 or a one day Fitness Class Pass for $10 in our main office. Guests must present a photo identification card in order to obtain a guest and/or class pass.

Membership Refund Policy
• Memberships are non-refundable, except within three days of purchase.
• Membership may be frozen or extended one time each year for a minimum of 1 month and maximum of 3 months with a valid medical note.
• Memberships can be canceled with proof of move of more than 25 miles from the facility without a cancellation fee.

Class Information
All classes must be paid in full at registration. Bronx House reserves the right to cancel any class or activity. If a class is canceled before it begins, all tuition and insurance payments will be refunded in full; once a class begins, all refunds will be pro-rated. Bronx House further reserves the right to combine classes in the event of insufficient registration. Classes are subject to a minimum enrollment. There will be a $25 late fee for participants who register on or after the first day of classes.

Member rates for programs and classes are available for Bronx House family members.

Special Discounts
Sibling/Parent Discount: Any family that has one child registered at the full rate will receive a 10% discount on subsequent registrations.

Group Classes Only
MULTI-CLASS DISCOUNT: Register for two or more simultaneous 10-week sessions and receive a 10% discount on the second registration.

Please note that discounts can’t be combined.

Class Refund Policy
If a participant drops out of a class prior to its start, a refund will be issued. No tuition refunds will be granted after the first class except for medical reasons. If there is a medical reason, the participant must provide a doctor’s note within two weeks and will receive a prorated tuition refund or credit. All credits must be used within our fiscal year (July 1–June 30).

All requests for refunds must be in writing.

All refunds are subject to a $35 administrative charge. Insurance fees are non-refundable (except for program cancellations).

Scholarships Available
We offer a limited number of scholarships in some of our programs. Please feel free to inquire about these scholarships when registering for a program. All information provided to us is kept confidential.

Cancellations
All requests for refunds must be in writing. Annual memberships renew automatically unless written notice is given prior to renewal.

A cancellation fee of $250 will apply to monthly and semi-annual payment categories for those that want to cancel their membership prior to the expiration date.
**Membership Fees**

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>One Year Commitment</th>
<th>No Contract Month to Month</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Monthly</td>
<td>Semi-Annual</td>
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<tr>
<td>Adult</td>
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<tr>
<td>Adult Couple</td>
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<tr>
<td>Single Parent Family</td>
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<td>$315</td>
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<tr>
<td>Family</td>
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<tr>
<td>Senior</td>
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</tr>
<tr>
<td>Senior Couple</td>
<td>N/A</td>
<td>$190</td>
</tr>
</tbody>
</table>

* Full Payment Includes 13th Month Free & $0 Reg. Fee

**Registration Fee**
- $50/Individual
- $100/Couple, Single Parent Family, Family Fee is paid upon initial registration.

**Trial Membership**
Unsure if Bronx House is right for you? A 1-month trial membership is available for $50 (one time only).

**Bronx House Membership Perks**
- Come in after your 6th Family membership payment and receive a $100 credit towards any Bronx House children’s program, including Performing Arts, Aquatics, Early Childhood, Youth Sports, and Weekend Enrichment.
- Single Parent Family membership will receive a $75 credit towards any Bronx House children’s program, including Performing Arts, Aquatics, Early Childhood, Youth Sports, and Weekend Enrichment after your 6th payment.

- Healthy Living Workshops
- Monthly Membership Deals
Our 4,000 square foot state-of-the-art Fitness & Wellness Center offers an amazing selection of programs and services that will get you the results you’re looking for. With plenty of support and encouragement from our professional staff, we’ll make sure you reach your goals and have the best possible experience. No matter what your fitness level is, if you’re looking to make a positive lifestyle change, Bronx House will get you started!

**Amenities**
- 4,000 square feet
- Cardio, Machines, Free Weights
- Over 30 instructor-led Group Exercise Classes
- Sauna
- Indoor Pool
- Gymnasium/Basketball Court

For information on our Pool, Gymnasium, and Group Exercise schedules, visit www.bronxhouse.org.

**Fitness Center Schedule**
- Monday-Friday: 8:30am-8:45pm
- Saturday: 8:30am-4:45pm
- Sunday: 8:30am-4:45pm

- Teen schedule for the Fitness Center takes into consideration school hours.
- Teens must be 15 years old to have access to the Fitness Center.
- Teens, ages 13-14, must be accompanied by an adult.
- The above schedule is subject to change based on membership interest or lack thereof. Membership cards must be presented upon entry and throughout the building. Locker rooms close 15 minutes after the Fitness Center closes.
- Children under the age of 13 are not allowed in the Fitness Center or allowed to participate in Group Fitness Classes.

**Orientation**
Included with every new membership is a complimentary 30-minute introductory session with a fitness attendant, upon request. Please contact ari@bronxhouse.org if interested.

**On-Site Personal Training**
Achieve your fitness goals safely and efficiently by working with one of our Certified Personal Trainers. Whether you’re looking to shed pounds, maintain weight, gain muscle, or develop healthier habits, our trainers are here to help you make it happen!

**Why Personal Training?**
A personal trainer will assess your fitness needs and create a personalized workout that will get you moving toward your goals safely, effectively, and efficiently.

If you’ve never worked out in a gym before, having the safe direction of a personal trainer can make you more confident in your program and encourage you to stay more consistent with it. If you are a seasoned gym-goer, a personal trainer can introduce you to new and exciting challenges to help you pass your original goals and become even more fit and healthy! Personal Training is only offered to members.

Visit bronxhouse.org for Personal Training rates.

**Health & Wellness Events**
Our fitness department is always planning new and exciting fitness events throughout the year. Look for postings and flyers throughout the center to keep you in the loop about all new fitness events. Visit bronxhouse.org and follow us on Facebook and Instagram.
Group Exercise Fitness Classes
Fitness classes encompass a variety of formats that engage people of all ages and levels of fitness experience. All weekly classes are FREE to members age 13 and up (4 and up for specific children’s classes). For a complete description of classes and current schedules, visit bronxhouse.org.

Types of Fitness classes:

Cardio:
Theme Spin, Water Works, Boot Camp, Cardio Boxing

Mind/Body:
Yoga Flow, Meditation, Vinyasa Yoga, Yoga-lates, Hatha Mat Yoga

Zumba:
Zumba, Aqua Zumba, Zumba Gold, Zumba Toning,

Strength/Conditioning:
Senior Conditioning, Silver Sneakers, TRX Interval, HITT, Pilates, Core Crusher

Kids Yoga
Bring balance and focus to your child’s life.

If you are not a member, but would like to participate in a class, we offer a 1-day class pass to the community for $10.

Aqua Fitness Classes
Members only

Water Works
Enjoy the soothing effect of the water as you exercise in the shallow end of the pool in this completely non-impact aerobic workout. Non-swimmers welcome.

Aqua Fit & Dance
A fun water-based exercise class that provides cardio-conditioning, body-toning, and is gentle on the joints. An exhilarating experience!

Silver Sneakers
by Tivity Health

Members of Participating Medicare Health Plans can join the nation’s leading fitness program for seniors.

These tradmarked group exercise classes are designed for older adults ready to have fun and get fit! Classes incorporate gradual self-paced exercises and can be performed from a seated position although there may be some standing for balance improvement.

In addition to Group Exercise classes, Silver Sneakers members receive all out access to our Fitness Center and heated-indoor swimming pool.
The best indoor pool in town!
Whether you're looking for energizing water exercise classes, swim lessons, lap swimming or even recreational swimming, our heated indoor pool has something for all ages, needs, and abilities. Special hours in the pool are reserved for families, teens, and adult male and female only swim times, private swim lessons & private swim lessons for children with autism.

General Swim
We offer a variety of recreational/lap swims for all ages. Lap lane rules will be enforced at the discretion of the lifeguard on duty and MUST be followed. Our goal is to keep the pool at 83-85 degrees, depending on the season. All swimmers must shower before entering the pool. Any swimmers over 3 years of age must wear a swim cap. Any child under the age of 9 must be accompanied by an adult inside the pool.

Bronx House Swim Academy
Bronx House Swim Academy is proud to offer the newly updated American Red Cross Swimming and Water Safety programs, which combines the best in swim instruction with an even stronger emphasis on drowning prevention and water safety. From our water babies to our oldest students who want to learn how to swim, the Bronx House Swim Academy has you covered!

Parent & Child Aquatics

Stage 1: Water Babies P/C 6-18 mos. (30-min)
Using songs, games and play children learn water-based motor skills such as kicking, arm movements, floating and blowing bubbles. All activities are designed to make babies more comfortable in the water.

Stage 2: Water Tots P/C 18-26 mos. (30-min)
Swim skills, such as breath control, proper kicking and arm movement, jumping into and climbing out the pool are taught. At this age repetition is key in learning. Focusing on a few skills per class and repeating them in a fun way is the best way for Tots to learn.

Stage 3: Advanced Water Tots P/C 26-36 mos. (30-min)
For toddlers who are comfortable in the water, this parent/child class begins to transition children to unassisted swimming. Essential skills such as kicking, arm movement, breath control and floating on both the stomach and back. Swimmers must be comfortable with putting their face in the water to be in this class.

Preschool Aquatics

Level 1: Water Sprites PSA 3-4yrs (30-min)
This class is designed for those 3 or 4 year olds who are more independent and do not need parent involvement or those who have completed Advanced Water Tots. Through repetition and games, a variety of skills are introduced including bobbing, breath control, streamlining and the basics of freestyle. All swimmers must be comfortable separating from their parent or guardian.

Level 2: Super Sprites PSA 3-4yrs (30-min)
Participants must have successfully passed Water Sprites to be registered for this class. In our advanced class, more independent swimming is explored as participants learn to build a foundation of swim technique with arm movements, continued effective kicking on their front and back, as well as breath control.

Level 3: Advanced Super Sprites PSA 4-5yrs (30-min)
Focuses more advanced techniques to prepare the participants for the older class Level. Child must be comfortable putting their heads in the water & should have basic swim ability.
Swim Classes for Youth & Teens
ages 6-16 years old

Bronx House is proud to offer the American Red Cross Water Safety programs. The Bronx House learn to swim program consists of six comprehensive levels that teach swimmers of varying abilities how to swim skillfully and safely. All aquatic and safety skills are taught in a logical progression. The objective is to teach the youth to be water safe & strong swimmers. For the higher levels, to train those that would like to join a swim team or become a lifeguard in the future. If you do not know which level to sign up for, please speak with Bronx House Aquatics Director to conduct a swim evaluation.

Learn to Swim (all classes below - 45 min)
Level 1: Introduction to Water Skills (A 6-9yrs) (B 10-16)
Level 2: Fundamental Aquatic Skills (A 6-9yrs) (B 10-16)
Level 3: Stroke Development (A 6-9yrs) (B 10-15)
Level 4: Stroke Improvement (A 6-9yrs) (B 10-15)
Level 5: Stroke Refinement (A 6-9yrs) (B 10-15)
Level 6: Swim Clinic/ Pre-lifeguard training (10-16)

Adult Swim Classes ages 17 years & up

Whether you never got a chance to learn how to swim or you want to advance your techniques & skills. You’re never too old to learn or improve. We offer Adult Classes to suit your needs.

Adult Classes (all classes below - 45 min)
Level 1: Adults Introduction to Aquatic Skills (17+)
Helps participants feel comfortable in the water. This class is designed to start you off at the basics, taking small steps to overcome big challenges. Basic skills, such as face submersion, back floating, basic kicks and arm movements are taught at a pace that suits older less experienced swimmers. Our Red Cross certified instructors take the time to overcome your fears and work diligently to create comfort in the water.

Level 2: Adults Stroke Development (17+)
Builds on the skills in Level 1 through additional guided practice in deeper waters.

The Intermediate course is designed for the adult who knows the basics of swimming but wants to improve their stroke and techniques. The class progresses at the pace of the swimmers and is done in way that builds not only ability but comfort in the water.

Level 3: Adults Stroke Refinement (17+)
Provides further coordination and refinements of strokes. This class is for Adults who have finished the Adult Stroke Development class. The main focus of the lessons will be on continuing to build & improving the newer stroke techniques & distance swim.

Private Lessons, Semi-Private Lessons

Offered to participants over the age of 3. Participant(s) is/ are able to choose the day and available time. Private lessons are one on one and offered for those who feel like they need a more personal attention. All private lessons last 30 minutes, are pre-scheduled, for a total of 10 lessons, and are first come first serve. All of the instructors are Red Cross certified Instructors and have considerable experience working with swimmers of all ages and ability levels. To register for a private class, please speak with the Aquatics Director. We offer Semi-Private lessons, but the swimmers must be registered together. Please speak with the Aquatics Director to find an available time slot. We reserve the right to replace an instructor when they are out.

Private Fees: Members: $280    Community: $340
Semi-Private Fees: Members: $230    Community: $290
Plus $20 insurance fee

Private Swim Lessons for participants with Special Needs

For our young swimmers with any physical or mental disabilities, we offer our Special Needs swim program. These classes are conducted as Private Lessons on Fridays and last 30 minutes. All classes are taught by some of our more experienced swim instructors who have spent many years working with students with all different ability levels. To register for our Special Needs swim program, please speak with the Aquatics Director to find an available time slot.

Please be sure to read our make-up policy.
SUMMER CAMPS

Leon Davis, Day Camps Director • leon@bronxhouse.org • (718) 792-1800, ext. 232
Arlene Valdes, Assistant Director • arlene@bronxhouse.org • (718) 792-1800, ext. 232
Susan Martinez, Assistant Director • susan@bronxhouse.org • (718) 792-1800, ext. 259

Located at
Henry Kaufmann Campgrounds
Pearl River | Rockland County

2020 Summer Camp Dates
Full Summer: Monday, June 29–Tuesday, August 18
(36 Camp Days)
1st Session: Mon, June 29–Fri, July 24 (19 days)
2nd Session: Mon, July 27–Tues, August 18 (17 days)
General Camp Hours: 7:45am-5:30pm
(depends on bus assignment)

We have Air Conditioned Buses
and offer Early Drop-Off & Late Pick-Up!

Summer Fun at Bronx House
For children ages 2.6-4
The program is designed to help transition children into our
day camps. Some of the activities the children will be engaged
in while at Bronx House are:

• Community picnics on the Parkway
• Visits to the local library
• Neighborhood nature walks
• Cooling off time in sprinklers
• Arts & Crafts

Fun Bunch
For children entering Kindergarten - 2nd Grade
Fun Bunch is a place for young children to learn, grow, and
explore in the outdoors. Each day is a new opportunity for
campers to let their curiosity and creativity run wild. Your
child’s first years at camp will be filled with experiences they
will never forget!

• 2 Swims Daily (Instructional & Recreational Swim)
• Archery
• Yoga
• Summer Learning - Reading
• Gardening & Nature
• Boating
• Cookouts & Late Nights
• Day Trips (2 per session)
• Special Celebrations (Carnival, Olympics)
• Dance & Music
• Sports, Games & Miniature Golf
• Arts & Crafts
• Ga-Ga
• Tennis

Adventurers
For children entering 3rd-4th Grade
Adventurers offers an amazing opportunity for growing
campers to participate in an exciting and constructive camp
experience. Campers discover their own interests while
participating in activities and trips that allow them to create
new friendships and lasting memories! Includes all of the
exciting activities as Fun Bunch Camp, with additional, age
appropriate trips.

• Splashdown Water Park
• FDR State Park
• Lake Quassy Amusement & Water Park
• Discovery Museum
• Bear Mountain State Park
• Maritime Aquarium
• Liberty Science Center
• High Ropes Course
• Summer Learning - Reading

Located at HKC

Fall/Winter 2019/20 • 718.792.1800 • bronxhouse.org
Explorers
For children entering 5th-6th Grade
Explorers provides the ultimate camp experience for 5th and 6th grade children. Campers expand their horizons and find new interests through activities, programs, and trips that are both challenging and fun. This is an experience your child can't miss!

Includes most of the exciting activities as Adventurers Camp, and thrilling day trips too! Here's what we've done in the past:

- Dorney Park & Wildwater Kingdom
- Bear Mountain
- Bowling
- Ice Skating
- iPlay America
- Camelback Mountain Waterpark
- Rockland Pool
- Mountain Creek Water Park
- Exciting Overnights
- Summer Learning - S.T.E.M.

Located at HKC

Teen Travel Camp
For Tweens & Teens entering 7th-10th Grade
In this unique and exciting experience, tweens and teens will participate in programs that are fun, challenging, exciting and educational. Teen Travel Camp will provide memories that will last a lifetime while broadening your child's horizons.

Teens attend trips 4 days/week and enjoy 1 day/week at our beautiful campgrounds at HKC. There will also be two great extended overnight trips to Philadelphia and Club Getaway - Berkshire Mountains, as well as exciting day trips. Here's what we've done in the past:

- Mountain Creek Waterpark
- Camelback Mountain Waterpark
- Lake Compounce Amusement Park
- Dorney Park
- Ice Skating
- Bowling
- Rockland, FDR, and Bear Mountain Pools
- Historical Landmarks
- Sunken Meadow
- Leadership Workshops

Watch for our Camp Brochure in January 2020!
Our program serves children entering Kindergarten to 6th grade. Bronx House aims to help improve your child’s academic performance, as well as promote healthy lifestyles, social skills, literacy skills and service to the community. We look forward to an exciting year where your child can grow, learn, and play.

After School Activities
Homework Help • Literacy • Arts & Crafts • Weekly Swimming • Dance • S.T.E.M. • Club Activities Project-Based Learning • Sports Clinic

After School Info
Days of Operation
The After School Programs operate Monday-Friday. Our program schedule corresponds closely with the New York City Department of Education Schedule.

No afterschool programming is offered on DOE scheduled half days.

Program Hours
Monday-Friday, 3-6:30pm

Bus Pick-up
Bronx House buses pick up children at P.S. 76, 83, 89, 96, 97, 105, 108, 121, 153, St. Clare’s, Van Nest Academy, Icahn Charter Schools and other community schools or you may drop off at Bronx House.

Discounts:
Pay in Full: Participants who pay in full will receive 10% off the full after school fee.

Family Membership:
All After School families will receive a 25% discount off Family Memberships.

Sibling Discount:
Any family with one child registered at the full ASP fee will receive a 25% discount off of the second child.

Financial Assistance
Financial Assistance is available through the Advantage Grant, which is sponsored by the New York State Office of Children and Family Services. Families interested in applying need to make an appointment to fill out income verification information.

Please note this funding is currently pending.

To apply, please call (718) 792-1800 ext. 259.

Fees for Bronx House After School Program
Members: $2,900 Community: $3,100
Plus $100 insurance fee
No refunds on registration deposit.
Bronx House After School at P.S. 105
Grades K-5
Our program aims to improve children's academic performance, physical activity and healthy lifestyle habits, while also promoting positive social and emotional growth, and service learning. We foster an environment where children can learn, play and grow together.

After School Activities
Homework Help • Literacy • Arts & Crafts
Monthly Swimming • Dance • S.T.E.M. • Club Activities
Project-Based Learning • Sports Clinic

P.S. 105 Program Days/Hours
Mondays-Fridays from school dismissal until 5:45pm.

After School Info
Days of Operation
The After School Programs operate Monday-Friday. Our program schedule corresponds closely with the New York City Department of Education Schedule. No after school programming during DOE scheduled half days.

Program Hours
Monday-Friday, 2:20-5:30pm

Discounts:
Pay in Full: Participants who pay in full will receive 10% off the full after school fee.

Family Membership:
All After School families will receive a 25% discount off Family Memberships.

Sibling Discount:
Any family with one child registered at the full ASP fee will receive a 25% discount off of the second child.

Financial Assistance
Financial Assistance is available through the Advantage Grant, which is sponsored by the New York State Office of Children and Family Services. Families interested in applying need to make an appointment to fill out income verification information.

To apply, please call (718) 792-1800 ext. 259.

Fees for P.S. 105 After School Program
Members & Community: $2,500
Plus $100 insurance fee
No refunds on registration deposit.

SONYC Middle School Programs
Through SONYC (School’s Out NYC) funding from the Department of Youth and Community Development, we are excited to offer free after school programs at:
• Bronx Park Middle School
• Bronx Green Middle School
• Pelham Academy for Community Engagement and Academics

Students will participate in activities geared towards middle schoolers, including Robotics, STEM/STEAM, Dance, Theatre, Sports Clinics, Step, and Cooking Classes.

The after school program is open to students who attend any one of these schools. Participants do not need to go to these schools to participate in SONYC. Please stop by the school, check out our website or call us for registration information.
The Early Childhood Center
The Early Childhood Center is designed to cater to families and their young children through a variety of classes that appeal to children 18 months-36 months old. Our goal is to create a fun, enriching and supportive environment where parents and caregivers can develop an understanding of their babies and toddlers' capabilities.

Step-Up
For children ages 2.9-4.0  
(maximum 12 children)
9am-12pm
Options: 2 days per week:  
(Tues & Thurs or Mon & Wed)
Or 4 days per week (Mon-Thurs)

This class is designed to prepare you children to step into Pre-Kindergarten for the following year. Children will be introduced to centers areas such as art, dramatic play, literacy, science, and gross motor skill building through play and the Creative Curriculum.

Members: 2 days $375  4 days $700
Community: 2 days $500  4 days $875
Plus $20 insurance fee

Exploring with My Grown-Up
For children ages 18-36 months  
(accompanied by their grown-up)
Choose Fridays or Saturdays, 10:30-11:30am

Grown Ups and their little ones gather together for 60 minutes of exploration, games, and singing. Join us for all 5 classes or sign up for the class that best fits your schedule.

Fall Trimester Themes
Go with the Flow: Friday, Oct 4 & Saturday, Oct 5
The Colors of Fall: Friday, Oct 18 & Saturday, Oct 19
My 5 Senses: Friday, Nov 1 & Saturday, Nov 2
Land, Air & Water: Friday, Nov 15 & Saturday, Nov 16
Build a World: Friday, Dec 6 & Saturday, Dec 7

Winter Trimester Themes
Bundle Up: Friday, Jan 3 & Saturday, Jan 4
1, 2, 3 Count with Me Friday, Jan 17 & Saturday, Jan 18
Let it Snow: Friday, Feb 7 & Saturday, Feb 8
A-B-C Rock: Friday, Mar 6 & Saturday, Mar 7
Mix it Up: Friday, Mar 20 & Saturday, Mar 21

Members: $30 per class  Community: $35 per class
Pre-K Fall Soccer & Winter Basketball
Saturdays, 10am
Ages 3-5
Children ages 3-5 learn the basics of both soccer and basketball, while having fun in a safe, nurturing, and enjoyable environment.

Co-Ed Indoor Fall Soccer & Winter Basketball for Grades 1-6
Saturdays
Grade 1-3: 11am
Grades 4-6: 12pm
Bronx House indoor soccer and basketball offers a program that teaches a variety of fundamental skills, such as agility, balance coordination, physical awareness, and social skills in a fun and nurturing environment. Skills are taught through the use of different soccer and basketball-related games and activities.

Member: $190  Community: $245
Plus $20 insurance fee

Fencing
Fall & Winter Semester
Saturdays
Beginners, 11am • Intermediate/Expert, 12pm
Register your child for this exciting and challenging Olympic sport of agility, speed, and sheer fun. Parents rave about this safe and little known sport, often called physical chess. Professional instructors will teach children the basics of holding the weapon correctly, improving balance, and attack and defensive moves. All equipment (mask, weapon, fencing jacket and glove) are provided.

Beginners
Member: $200  Community: $275
Plus $20 insurance fee

Intermediate/Expert
Member: $225  Community: $300
Plus $20 insurance fee

Winter Puff Hockey
Saturdays
Grade 1-3: 1pm
Boys and girls will have fun developing and improving their skills and self-confidence, while learning rules, offense, and defense in 5 weeks. All participants will receive t-shirts and awards upon completion.

Member: $95  Community: $120
Plus $20 insurance fee
Family Events
Join us for a variety of engaging and entertaining activities the whole family can enjoy together. Family Events are free to all Bronx House Family Members.

Apple Picking
Saturday September 21 | 10am-3pm
Apple picking, a farmer’s market and fun activities at the Outhouse Orchard. $25 for a ½ bushel.

Transportation Fee:
Member: $12/person    Community: $14/person

Family Game Night
Friday October 4 | 6:30-8:30pm
Families can work together and compete with and against other families in fun and exciting games and activities to win prizes and have a good time.

Free w/Family Membership    Community: $10/Family

Family Cooking-Holiday Recipes
Saturday November 16 | 3-5pm
This hands-on workshop will focus on a variety of tasty holiday recipes.

Free w/Family Membership    Community: $10/Family

Enrichment Programs
Math & Literacy
Grades K-7 • Saturdays

Math & Literacy class helps children improve academically and maintain high levels of academic performance.

Both or 2 hours of one subject
Member: $250    Community: $300 plus $20 insurance

One subject
Member: $190    Community: $245 plus $20 insurance

Visual Arts
Grades K-5 • Saturdays

This fun, variety-filled visual arts class will allow children to be creative, explore new interests and build artistic skills through mediums such as mixed media, clay and digital media.

Member: $190    Community: $245, Insurance: $20
GET READY for SUMMER CAMP!

- Buses with A/C
- Swimming
- Archery
- Sports & Dance
- Yoga
- Climbing Wall
- Arts & Crafts
- Boating & Nature
- Challenge Course
- Trips & More!

Register today! Visit www.bronxhouse.org!

For more information, contact:
Leon Davis (718) 792-1800, ext. 232 or leon@bronxhouse.org

Grades K-10
The Tween & Teen Center
The Bronx House Tween and Teen Center provides Tweens (grades 5-8) and Teens (grade 9-12) with the opportunity to be part of a fun, safe, academic and supportive youth program. We have many exciting programs. You can register for one or multiple free programs throughout the year.

The following programs are free and open to Tweens and Teens thanks to the generous support of the Department of Youth and Community Development and Councilman Mark Gjonaj. These programs run from November through April.

**Tween Program**
**Grades 5-8**
The tween program will operate Thursdays in the tween lounge. Tween lounge is a great place for students to complete homework, play table games and hang out with friends.

**Tween Lounge**
**Saturdays, 3-5pm**

**Saturday Night Live!**
**Nov 16, Dec 14, Jan 18, Feb 15, Mar 21, Apr 18, 6-8pm**
Have nothing to do on Saturday night? Come in and bring a friend to be a part of Saturday Fun night. Each night will have a different theme, planned activities, and refreshments will be served.

Members & Campers: Free  Guests: $5

**Teen Program**
**Grades 9-12**

**College Tours**
Bronx House offers 3-4 college tours throughout the school year for students in grades 9-12. Students will be exposed to colleges and universities in the Tri-State. Teens will have the opportunity to receive firsthand information regarding college life.

**FREE SAT Prep Course**
**8 Saturdays | 3-hour classes starts September 28**
SAT test date: Saturday, December 7
Students getting ready for college will benefit from Bronx House SAT Prep classes. Students will feel comfortable taking the exam, while learning strategies and techniques that will boost their score.

**Teen Fitness**
**Teen Gym, Pool & Fitness Membership**

Ages 13 & 14 with an adult
Ages 15-18 without an adult

Mon-Fri: 3pm-Close  Sat & Sun: All Day

Please go to our website for current gym and pool schedule.
Heilbrunn Music School
Bronx House proudly continues our tradition of offering high quality music education geared to children and adults. Whether you are a serious music student or simply a music lover, we provide a wide range of programs to meet your interests and schedule. Our faculty of accomplished performers and seasoned educators provide stimulating and innovative lessons.

Private & Semi-Private Instruction
Private instruction consists of lessons where an individual student learns to play an instrument or to sing, developing technical skills and artistic abilities through one-on-one instruction. Semi-private lessons are for two students with one instructor. Instruction is available in the following instruments:

- Bass
- Cello
- Clarinet
- Drums/Percussion
- Flute
- Guitar
- Piano
- Recorder
- Saxophone
- Trumpet
- Ukulele
- Voice
- Violin
- Viola

Registration for private and semi-private music instruction is ongoing and offered in 10-week sessions.

Attendance Policy
Lessons missed by a teacher will be made up. Lessons missed by a student with 24 hours notice may be made up at the discretion of the teacher, for a maximum of one missed lesson.

Recitals
Private music students’ accomplishments are showcased in our winter and spring recitals. This offers all students the opportunity to perform for family and friends in a supportive and nurturing environment.

Winter Recital
Saturday, December 14, 1pm & 2pm
Group Instruction
Group lessons provide quality instruction in an affordable group setting (5-8 students). Not all classes are offered every session.

Group Class Policies
There are no refunds or make-ups for student absences. In the event that an instructor is unable to teach a class, when possible, a substitute instructor will be supplied and the class will be held. If a substitute cannot be secured, the class will be made up on the earliest date possible.

Scholarships
The Harriet and Robert Heilbrunn and Music for Youth Scholarship Funds provide a limited amount of partial and full scholarships for music lessons for students who qualify for financial assistance. To apply for a scholarship, please call (718) 792-1800, ext. 236.

Free Instrument Loans
The Tom Freston Instrument Lending Library
We are delighted to be able to offer instruments available for loan, free of charge, for use during lessons at Bronx House and practice at home.

Music Brigade
The Bronx House Music Brigade is a touring company of currently enrolled students who perform in local hospitals and nursing homes providing entertainment to residents and staff.

GROUP INSTRUCTION FEES

**Members: $235**  
Community: $280

Plus $20 insurance fee

<table>
<thead>
<tr>
<th>Class</th>
<th>Age Range</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Rhythm &amp; Song</td>
<td>2.5-4</td>
<td>$255</td>
</tr>
<tr>
<td>Pre-School Piano</td>
<td>4 &amp; 5</td>
<td>$255</td>
</tr>
<tr>
<td>Pre-School Violin</td>
<td>4 &amp; 5</td>
<td>$255</td>
</tr>
<tr>
<td>Beginner Violin</td>
<td>6-10</td>
<td>$255</td>
</tr>
<tr>
<td>Beginner Piano</td>
<td>6-10</td>
<td>$255</td>
</tr>
<tr>
<td>Violin Ensemble</td>
<td>Ages 10+</td>
<td>$255</td>
</tr>
<tr>
<td>Rhythm Class</td>
<td>Ages 10+</td>
<td>$255</td>
</tr>
<tr>
<td>Percussion Ensemble</td>
<td>Ages 10+</td>
<td>$255</td>
</tr>
<tr>
<td>Children's Chorus</td>
<td>Ages 7-11</td>
<td>$255</td>
</tr>
<tr>
<td>Beginner Guitar</td>
<td>Ages 7-12</td>
<td>$255</td>
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</tbody>
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$25 late fee when you register on or after the 1st day of classes.

PRIVATE LESSON FEES
Private lessons are available for 30, 45 or 60 minutes and run for 10 weeks. Payment plan available.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Members</th>
<th>Community</th>
</tr>
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<tbody>
<tr>
<td>30-minute</td>
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<tr>
<td>45-minute</td>
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<td>$505</td>
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<tr>
<td>60-minute</td>
<td>$525</td>
<td>$610</td>
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</tbody>
</table>

SEMI-PRIVATE LESSON FEES
Semi-Private lessons are available for 30, 45 or 60 minutes and run for 10 weeks. Payment plan available. The school does not provide the partner for semi-private lessons.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Members</th>
<th>Community</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-minute</td>
<td>$285</td>
<td>$325</td>
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<tr>
<td>45-minute</td>
<td>$340</td>
<td>$390</td>
</tr>
<tr>
<td>60-minute</td>
<td>$375</td>
<td>$440</td>
</tr>
</tbody>
</table>

- All music lessons require a $20 insurance fee for Community.
- See page 7 for special discounts. All fees must be paid in full at registration to receive all discounts.
- One discount per student.
Welcome to The Dance Studio at Bronx House, where we offer a variety of dance classes which provide a strong foundation in diverse dance styles to students of all ages and abilities. Our comprehensive and sequential approach fosters technique, artistry, and healthy exercise while our professional faculty provide individual attention in small class settings. Whether you are a first time student interested in a recreational activity or one who is considering dance as a profession, we have a class for you.

Pre School Dance Ages 1.5-5
- Creative Movement, 1.5-3 years
- Creative Ballet, 3-4 years
- Pre-Ballet, 4-5 years
- Pre-Ballet with Tap, 4-5 years

Dance Fundamentals Ages 5+
- Ballet Beginnings, 5 & 6 years
  Pre-Requisite: Pre-Ballet or Pre-Ballet with Tap for 5 yr. olds
- Introduction to Classical Ballet, 6-9 years
  2nd grade and up or permission of instructor
- Introduction to Classical Ballet, 10-14 years (returning students only)
- Ballet Level A, 8 years and up
  Pre-Requisite: Introduction to Classical Ballet (full year) or at least one year prior ballet experience. New students ages 12 and up with permission of dance teacher.
- Ballet Level B, 10 years and up. 2 years ballet pre-requisite.
- Tap 1, 6-11 years
- Jazz 1, 6-11 years
- Jazz 1.5, 7-12 years (returning students only)
- Hip Hop 1, 6-11 years
- Hip Hop 2, 12 years and up

The Dance Studio Fees
Preschool thru age 17
 Semester I and II (First or Second Semester Only)
Members: $260  Community: $335
Annual Rate if Paid in Full:
Members: $465  Community: $595
2 Payment Option:
Members: 2 payments of $250
Community: 2 payments of $325
- Plus $20 annual insurance fee for community
- There will be a $25 late fee for participants who register on or after the first day of classes
- Partial scholarships are available for those who qualify
- 10% Multi-Class or Sibling/Parent Discounts available

Classes for Children and Youth
Registration will open in May for our 7-week summer session. Our school-year schedule consists of two 15-week semesters. Check the office or website for our current schedule. Not all classes are offered every semester.

Our studio offers classes for youth in the following styles: Ballet, Tap, Jazz, Hip Hop, as well as a comprehensive Pre-School Dance program for ages 1.5-5. All students must be at minimum age by first lesson of session.

For more advanced and serious dance students, The Dance Studio offers STUDIO TO STAGE, open to all dancers in third grade and up who have at least one year prior dance experience. STUDIO TO STAGE is designed to improve technical training, introduce multiple dance styles, increase dance knowledge and history, and provide performance opportunities.

For individual class descriptions, schedules and more information on STUDIO TO STAGE please check our Dance Studio brochures, the Bronx House website, or call our office.
Contemporary Dancing for Adults
Monthly 4-week Sessions,
Tuesdays, 6-7:30pm
Ages 18+
Explore contemporary dance and traditional dance styles using a wide range of music, including pop, R&B, jazz, and showtunes.

Members: $60  Community: $80
Plus $20 insurance fee for community

Private Instruction • 4-Week Sessions
Wed, Thur or Fri beginning at 6pm
30-min: Members: $135  Community $155
45-min: Members: $175  Community $200
Plus $20 insurance fee for community

STUDIO TO STAGE Repertory Company
Offered only during the school year
Open to students in 3rd grade and up and who have a minimum of one full year of prior dance experience.

Package includes the following class requirements depending on student level:
• Ballet Level A & Supplementary** & Repertoire*

* Repertoire Class includes:
The Nutcracker in Semester I and TBA in Semester II

**Supplementary Dance Classes include:
Tap, Jazz, Modern or Hip Hop

Package includes the following performance requirements for ALL LEVELS:
• The Nutcracker Variations
• Repertoire Variations in Spring Recital
• Outside Performance Opportunity

FEES: Includes Semester I & II (30 weeks Sept-May)

Intro to Classical Ballet  Ballet Level A
Members: $220/quarterly  $325/quarterly
Community: $250/quarterly  $370/quarterly

• Quarterly payments: Sept/Nov/Jan/Mar

Check our website for upcoming information!

Dress Code
The Dance Studio at Bronx House has a required uniform to help students learn discipline, structure, and respect for themselves and their art form, and to help keep the attention on the instructor. All classes have their own designated color to highlight students’ accomplishment as they progress from one level to another.

Centre Stage Boutique, located at 504 Fifth Avenue in Pelham (914) 738-9600 is the designated clothing and shoe provider for The Dance Studio at Bronx House, offering high quality at affordable prices. For your convenience, students can be sized during business hours at Centre Stage Boutique or during a Dance Studio session at Bronx House Fitting Day.

Fall Fitting Day - Saturday, September 21, 2:30-5pm
For details on required uniforms and fitting days, please contact our office at (718) 792-1800, ext. 235.
Intro to Acting I
Ages 6-9
Through the use of theater games and improvisation techniques, Introduction to Acting I introduces young students to the basics of acting: Concentration, imagination and spontaneous expression. Through a sense of fun and exploring, children are encouraged to refine their listening skills and collaborate with one another.

Intro to Acting II
Ages 10-13
In addition to the goals stated in Introduction to Acting I, in Introduction to Acting II students will begin to explore the truthful use of self in imaginary circumstances. Beginning with exercises for relaxation, concentration, and sensitivity to other actors, techniques for moment to moment expression will be explored.

Monologue & Scene Study Workshop I
Ages 13+
This workshop offers a solid foundation for young actors who desire to develop new skills and techniques to excel at the craft of acting. An in-depth exploration of character, relationship, objectives & obstacles will be explored. End of term showcase and helpful guidance for those students preparing for auditions for NYC Specialized Arts High Schools, (Laguardia, Frank Sinatra, Talent Unlimited, Professional Children’s School, and others).

Monologue & Scene Study Workshop II
Ages 18+
This workshop is for adults seeking to discover their innate acting abilities, and can provide confidence for those who may use public relations/speaking in their professional activities and careers. This course offers the similar training to M&SSW 1, along with coaching and preparation for any students interested in exploring audition or performance opportunities.

15-week session
Members: $260  Community: $335
Plus $20 insurance fee
BRONX HOUSE ANNOUNCES the 2019 AUDITIONS FOR:

Disney Aladdin Jr.

BE A PART OF BRONX HOUSE’S CELEBRATED MUSICAL THEATRE PROGRAM, NOW IN ITS 9TH YEAR!

SATURDAY, SEPTEMBER 7TH, 2:00-4:00PM
MONDAY, SEPTEMBER 9TH, 4:00-6:00PM

OPEN TO ALL CHILDREN IN GRADES 3 AND UP

PRESENTED BY THE RIVERDALE CHILDREN’S THEATRE IN ASSOCIATION WITH BRONX HOUSE SCHOOL FOR PERFORMING ARTS

990 Pelham Parkway South
For performance dates and further information, please call (718) 792-1800 ext. 235 or log on to www.bronxhouse.org
Bronx House Weinberg Neighborhood Senior Center is a place for older adults to meet, stay healthy, have some fun and connect to a community. Adults aged 60 years and better are welcome to join us for light exercise, creative arts, weekly swim, health presentations, holiday parties, trips and a nutritious lunch. Our center has something for everyone!

Check out our activity calendar and menu at bronxhouse.org/senior-center

Senior Center Programs

Lunch Program
Spend your lunch hour with us in a welcoming environment, Monday through Friday at noon.

Meals are designed to help maintain a healthy lifestyle. The menu features traditional favorites and culturally inspired cuisine, as well as a daily alternative dish.

Adults 60 years of age and over are asked to contribute a suggested donation of $1.50. Those under 60 are welcome to join us as guests for $6.25.

Day Trips
Every month we offer several opportunities to get out of the neighborhood and explore other areas of the Bronx and beyond. Our outings include trips to museums, historic sites, and shopping trips.

Arts Programming
• Jewelry-Making
• Sing-A-Long
• Healing with Art

Health & Wellness Programs
• Tai Chi & Yoga
• Stretching For Arthritis
• Senior Self Defense
• Nutrition Workshops & Health Education Speakers
• Weekly Support Groups by the Visiting Nurse Service of New York
• Tai Chi for Arthritis evidenced-based program
• Diabetes Workshop evidenced-based program

Computer Lab & Senior Technology Center
Our computer lab, equipped with 10 desktop stations, which are used for open computer time and instructional lessons to enhance computer skills. The technology center holds a smart television, telephone conferencing equipment and chairs designed for all body types and mobility ranges. A great place for members to take advantage of classes!

Transportation
Transportation to the Senior Center is available in the immediate area. Please contact the Senior Center for more info: (718) 792-1800, ext. 228.

Bronx House Weinberg Neighborhood Senior Center is funded by Bronx House, the NYC Department for the Aging, and Councilman Mark Gjonaj.
The Jewish holidays bring families, friends, and neighbors together to pray, remember traditions, and celebrate festivals as a community. Join the Bronx House community to share in a joyous celebration as we observe highlights of the Jewish calendar this Fall and Winter.

Holiday Programs for Seniors & Families

Rosh Hashanah
Friday, September 27
Celebrate the Jewish New Year with a traditional lunch and sweet dessert.

Sukkot
Wednesday, October 16, 11am-12pm
Explore the meaning and symbolism of Sukkot through arts and crafts

Winter Chanukah/Holiday Party
Sunday, December 22, 11am
Celebrate Chanukah - the Festival of Lights!

Annual Menorah Lighting
Date TBA - Please check our website for further details.

Please call in advance to register at (718) 792-1800, ext. 228.

Temple Hatikva
Kyle Cherry, Cantor | Stephen Schwartz, President

Bronx House is thrilled to continue our partnership with Temple Hatikva – a Reform/Conservative congregation that serves anyone of the Jewish faith, interfaith individuals or families, and anyone else interested. We invite you to join them for their traditional, yet modern services, adult education sessions, trips, and other events.

Please feel free to contact Cantor Kyle Cherry for your spiritual needs by email at cantorkyle@outlook.com or the synagogue at templehatikva@aol.com or via the temple’s website at www.templehatikva.com.
**Services for Children with Special Needs**
When you are a parent of a child with special needs, you want to ensure your child can still receive fun and enriching experiences. Here at Bronx House, we offer classes designed specifically for children with special needs. Schedule an appointment with our Special Needs Supervisor to discuss what's right for your family.

**Sunday Funday Program**
We provide a variety of activities in a small setting to engage your child with ASD and other special needs. Our program offers a structured curriculum to build your child's confidence, self-esteem and socialization skills.

Please contact Max Valle, Special Needs Supervisor, for program fees.

**Parent Workshops**
Bronx House offers workshops for parents and caregivers of individuals with special needs every month. We collaborate with different organizations such as, Ramapo for Children, INCLUDEnyc, Advocates for Children, and other organizations to provide interactive sessions that help parents and caregivers build their behavior management skills to support individuals with developmental disabilities.

Check our website for a Workshop Calendar and Register Early!

**Swim Academy**
Specially-trained instructors work one-on-one with your child to build their confidence and enable them to experience the joy of swimming, all in a nurturing environment that stresses water safety and incorporates your child's likes and dislikes.

For more information, call Jessica Cruz at (718) 792-1800, ext. 251.
PLANNING A BIRTHDAY PARTY?

Planning a birthday party for your child? We offer pool and other fun birthday party options that are sure to please. Parties are held on Sundays between 11am and 2pm and include a party room along with a 1-hour activity of your choice.

Contact Angelica Garcia at (718) 792-1800, ext. 227 for more information and availability.

Pool Party:
Members: $350
Community: $400

All Parties require a $100 refundable deposit.

WINTER REGISTRATION
Saturday, Dec 7 • 11am-2pm

This is the DAY to SAVE BIG, learn about our programs, meet staff, and take tours.

Fitness Membership Special
$0 Registration Fee!
Adult, Adult Couple, Family and Single Parent Family Memberships

Discounts on all Group Classes
$15 Off Member
$20 Off Community

Save up to $300 Off Day Camp!
Full season with $500 deposit.

Discounts valid from Dec 2–8, 2019
Bronx House Summer Camp is located on the beautiful 100-acre rustic Henry Kaufmann Campgrounds in Rockland County. Campers will experience Sports, Arts, Boating, Nature, High Ropes Course, Archery, Yoga, Climbing Wall, Horseback Riding, Overnights, Swimming & more!

Contact: Leon Davis at (718) 792-1800, ext. 232 or leon@bronxhouse.org • Visit bronxhouse.org

A better life for everyone.™
990 Pelham Parkway South, Bronx, NY 10461
718.792.1800 | bronxhouse.org
For more information, contact:
Leon Davis (718) 792-1800, ext. 232 or leon@bronxhouse.org
A Gift of Health Just for You!

30-Day Fitness & Pool Membership
Valid Dec. 1-31, 2019

ONLY $25

990 Pelham Parkway South, Bronx, NY 10461
718.792.1800 • bronxhouse.org
RSVP: Ari Ruiz at ext. 244 or ari@bronxhouse.org