



# Aquatics Fall Schedule

## Effective Sept 4, 2019

All classes, times, & instructors are subject to change or cancellation.  
718.792.1800, ext. 251 | bronxhouse.org

### MONDAY

**Aqua Fit & Dance**  
10:30-11:15am

**Adult Swim**  
11:30am-1:30pm

**Private Lessons**  
3-4:30pm

**Water Babies**  
(6-18 mos)

**Water Sprites**  
(3-4 yrs)  
4:30-5pm

**Super Sprites** (3-4 yrs)  
**Advanced Super Sprites**  
(4-5 yrs)  
5:15-5:45pm

**Level 1** (6-16 yrs)  
**Level 2** (6-16 yrs)  
**Level 3** (6-16 yrs)  
6-6:45pm

**Teen/ Family Swim**  
7-7:45pm

**Adult Swim**  
8-8:45pm

**LOCKER ROOM  
CLOSES AT 9pm**

### TUESDAY

**Adult Swim**  
10-10:45am

**Water Works**  
10:45-11:30am

**Adult Swim**  
11:30am-1:30pm

**Private Lessons**  
3-4:30pm

**Water Tots** (18-24 mos)  
**Water Sprites** (3-4 yrs)  
4:30-5pm

**Level 4** (6-16 yrs)  
**Level 5** (10-16 yrs)  
**Level 6** (10-16 yrs)  
5:15-6pm

**Adults Intro**  
**Adult Development**  
**Adult Refinement**  
(17-81 yrs)  
6:15-7pm

**Adult Swim**  
7-8:45pm

**LOCKER ROOM  
CLOSES AT 9pm**

### WEDNESDAY

**Senior Center Swim**  
11am-12pm

**Adult Swim**  
12-2pm

**Afterschool**  
3:15-5:15pm

**Private Lessons**  
5:30-6:30pm

**Teen/Family**  
6:45-7:45pm

**Adult Female Swim**  
8-8:45pm

**LOCKER ROOM  
CLOSES AT 9pm**

### Thursday

**Adult Swim**  
10am-1pm

**Private Lessons**  
3:15-4:15pm

**Advanced Water Tots**  
(24-36 mos)  
**Super Sprites** (3-4 yrs)  
4:30-5pm

**Level 1** (6-16 yrs)  
**Level 2** (6-16 yrs)  
**Level 3** (6-16 yrs)  
5:15-6pm

**Adults Intro**  
**Adult Development**  
**Adult Refinement**  
(17-81 yrs)  
6:15-7pm

**Adult Swim**  
7-7:45pm

**Adult Male Swim**  
8-8:45pm

**LOCKER ROOM  
CLOSES AT 9pm**

### FRIDAY

**Water Works**  
10:45-11:30am

**Adult Swim**  
11:30am-1:30pm

**Special Needs Swim**  
3-7pm

**Adult Swim**  
7-8:45pm

**Locker Room  
Closes at 9pm**

### SATURDAY

**Private Lessons**  
9-10am

**Water Babies** (6-18 mos)  
**Water Sprites** (3-4 yrs)  
10:15-10:45am

**Water Tots** (18-24 mos)  
**Super Sprites** (3-4 yrs)  
11-11:30am

**Advanced Water Tots**  
(24-36 mos)  
**Advanced Super Sprites**  
(4-5 yrs)  
11:45am-12:15pm

**Private Lessons**  
12:30-1:30pm

**Level 1** (6-16 yrs)  
**Level 2** (6-16 yrs)  
**Level 3** (6-16 yrs)  
1:45-2:30pm

**Level 4** (6-16 yrs)  
**Level 5** (10-16 yrs)  
**Level 6** (10-16 yrs)  
2:30-3:15pm

**Teen/Family Swim**  
3:30-4:30pm

**LOCKER ROOM  
CLOSES AT 5pm**

### SUNDAY

**Adult Swim**  
9-10:30am

**Family Swim**  
10:30am-12pm

**Birthday Parties**  
12-12:50pm

**Water Babies**  
(6-18 mos)

**Water Sprites**  
(3-4 yrs)  
1-1:30pm

**Super Sprites**  
(3-4 yrs)

**Advanced Super Sprites**  
(4-5 yrs)  
1:45-2:15pm

**Level 4** (6-16 yrs)  
**Level 5** (10-16 yrs)  
**Level 6** (10-16 yrs)  
2:30-3:15pm

**Private Lessons**  
3:30-4:30pm

**LOCKER ROOM  
CLOSES AT 5pm**