



Aquatics Winter Schedule

Effective December 8, 2019

All classes, times, & instructors are subject to change or cancellation.
718.792.1800, ext. 251 | bronxhouse.org

MONDAY

Aqua Fit & Dance
10:30-11:15am

Adult Swim
11:30am-2pm

Private Lessons
3:30-4:30pm

Water Babies
(6-18 mos)
Water Sprites
(3-4 yrs)
4:30-5pm

Advanced Super Sprites
(3-4 yrs)
Olympic Sprites (5 yrs)
5:15-5:45pm

Level 1 (6-16 yrs)
Level 2 (6-16 yrs)
Level 3 (6-16 yrs)
6-6:45pm

Teen/ Family Swim
7-7:45pm

Adult Swim
8-8:45pm

**LOCKER ROOM
CLOSES AT 9pm**

TUESDAY

Water Works
10:45-11:30am

Adult Swim
11:30am-2pm

Private Lessons
3:30-4:30pm

Water Tots (18-24 mos)
Super Sprites (3-4 yrs)
4:30-5pm

Level 4 (6-16 yrs)
Level 5 (10-16 yrs)
Level 6 (10-16 yrs)
5:15-6pm

Adults Intro
Adult Development
Adult Refinement
(17-81 yrs)
6:15-7pm

Adult Swim
7-8:45pm

**LOCKER ROOM
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WEDNESDAY

Senior Center Swim
11am-12pm

Adult Swim
12-2pm

Afterschool
3:15-5:15pm

Advanced Water Tots
(24-36 mos)
Advanced Super Sprites
(4-5 yrs)
5:30-6pm

Private Lessons
6-6:30pm

Teen/Family
6:45-7:45pm

Adult Female Swim
8-8:45pm

**LOCKER ROOM
CLOSES AT 9pm**

Thursday

Adult Swim
11am-1pm

Private Lessons
3:30-4:30pm

Water Babies
(6-18 mos)
Olympic Sprites
(5 yrs)
4:30-5pm

Level 1 (6-16 yrs)
Level 2 (6-16 yrs)
Level 3 (6-16 yrs)
5:15-6pm

Adults Intro
Adult Development
Adult Refinement
(17-81 yrs)
6:15-7pm

Adult/Teen Swim
7-7:45pm

Adult Male Swim
8-8:45pm

**LOCKER ROOM
CLOSES AT 9pm**

FRIDAY

Water Works
10:45-11:30am

Adult Swim
11:30am-2pm

Special Needs Swim
3-7pm

Adult Swim
7-8:45pm

**Locker Room
Closes at 9pm**

SATURDAY

Private Lessons
9-10am

Water Babies (6-18 mos)
Water Sprites (3-4 yrs)
10:15-10:45am

Water Tots (18-24 mos)
Super Sprites (3-4 yrs)
11-11:30am

Advanced Water Tots
(24-36 mos)
Advanced Super Sprites
(4-5 yrs)
11:45am-12:15pm

Olympic Sprites (5 yrs)
12:30-1pm

Private Lessons
1-1:30pm

Level 1 (6-16 yrs)
Level 2 (6-16 yrs)
Level 3 (6-16 yrs)
1:45-2:30pm

Level 4 (6-16 yrs)
Level 5 (10-16 yrs)
Level 6 (10-16 yrs)
2:30-3:15pm

Teen/Family Swim
3:30-4:30pm

**LOCKER ROOM
CLOSES AT 5pm**

SUNDAY

Adult Swim
9-10:30am

Family Swim
10:30am-12pm

Birthday Parties
12-12:50pm

Water Sprites
(3-4 yrs)
Super Sprites
(3-4 yrs)
1-1:30pm

Olympic Sprites (5 yrs)
Advanced Super Sprites
(4-5 yrs)
1:45-2:15pm

Level 1 (6-16 yrs)
Level 2 (6-16 yrs)
Level 3 (6-16 yrs)
2:30-3:15pm

Private Lessons
3:30-4:30pm

**LOCKER ROOM
CLOSES AT 5pm**