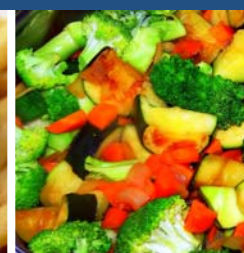


# BRONX HOUSE WEINBERG NEIGHBORHOOD SENIOR CENTER

# DECEMBER 2021 LUNCH MENU



DAY	DATE	MAIN ENTRÉE	ALTERNATES
Wed	12/1	Vegan Stuffed Bell Peppers Sautéed Zucchini, Steamed Carrots	Egg Salad
Thurs	12/2	Beef Meatloaf w/Mushroom Gravy Homemade Mash Potatoes, Green Beans	Tuna salad
Fri	12/3	Grilled Chicken Breast, Potato Latke, Green Beans, Tossed Salad, Cake	No Alternates
<b>HAPPY CHANUKAH /BIRTHDAY CELEBRATION MEAL!</b>			
Mon	12/6	Homemade Breaded Fish, Brown Rice and Black Beans, Carrots	Soup/Egg Salad
Tues	12/7	Shepherds Pie With Beef & Turkey, Israeli Salad	Tuna Salad
Wed	12/8	Italian Meatballs w/Beef & Turkey, Garlic Bread, Pasta, Italian Blend Vegetables	Egg Salad
Thurs	12/9	Beef Pot Roast, Green Beans, Homemade Mashed Potatoes	Tuna Salad
Fri	12/10	Chicken Shawarma, Lentils w/Spiced Rice & Caramelized Onions, Capri Blend Vegetables	No Alternates
Mon	12/13	Chicken Francese, Spinach, Noodle Pudding, Sautéed Zucchini	Soup/Tuna
Tues	12/14	Salmon Burger, Rice Pilaf, Green Bean Sautéed	Egg Salad
Wed	12/15	Turkey Meatloaf With Mushroom Gravy, Yellow Rice, Kale With Garlic Sauce	Tuna Salad
Thurs	12/16	Stuffed Cabbage w/Beef, Toasted Barley With Onions, Capri Blend Vegetables	Egg Salad
Fri	12/17	Roasted Chicken, Carrot Tzimmes, Potato Kugel	No Alternates
Mon	12/20	Baked Salmon Dill Lemon Sauce, Homemade Mashed Potatoes, Creamy Spinach	Soup/Egg Salad
Tues	12/21	Chicken w/Tangy Tomato Sauce, Rice Pilaf, Steamed Zucchini Yellow Squash	Tuna Salad
Wed	12/22	Egg Plant Rounds Tofu, Garlic Bread, Pasta, Italian Blend Vegetables	Egg Salad
Thurs	12/23	Beef Brisket w/Tomatoes and Onions, Kasha Varnishkes, Steamed Broccoli	Tuna Salad
Fri	12/24	Bronx House Closed	
Mon	12/27	Pepper Steak Chow Fun Noodles, Steamed Broccoli	Soup/Tuna
Tues	12/28	Dill Lemon Sauce Salmon Cakes, Rice A Roni, Braised Red Cabbage	Egg Salad
Wed	12/29	Black Bean & Mushrooms Vegan Burger, Homemade Mash Potatoes, Vegetables	Tuna Salad
Thurs	12/30	Stuffed Cabbage With Beef, Toasted Barley and Onions, Steamed Carrots	Egg Salad
Fri	12/31	Bronx House Closed	

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

### MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.  
We cannot guarantee a meal for those who arrive late.



*A better life for everyone.™*  
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