

BRONX HOUSE WEINBERG NEIGHBORHOOD SENIOR CENTER

JUNE 2022 LUNCH MENU



DAY	DATE	MAIN ENTRÉE	Alternates
Wed	6/1	Vegan Stuffed Peppers, Toasted Barley and Onion	Turkey Slices
Thurs	6/2	Gefilte Fish, Coleslaw Roasted Red Potato Salad	Tuna Salad
Fri	6/3	Roasted Chicken, Challah Bread, Carrot Tzimmes, Potato Kugel	No Alternates
Mon	6/6	SHAVUOT: Tuna Salad	No Alternates
Tues	6/7	Fish Francaise, Rice A Roni Steamed Carrots	Tuna salad
Wed	6/8	Beef meatloaf with Mushroom Gravy, Creamy Spinach, Mashed Potatoes	Egg Salad
Thurs	6/9	Egg Salad, Bowtie Pasta Salad, Three Bean Salad	Egg Salad
Fri	6/10	Cranberry Chicken, Noodle Kugel, Green Beans	No Alternates
Mon	6/13	Chinese Style Pepper Steak, Chow Fun Noodles, Oriental Blend Vegetables	Egg Salad
Tues	6/14	Black Beans & Mushrooms Vegan Burger, Green Bean Salad, Mashed Potatoes	Tuna Salad
Wed	6/15	Homemade Breaded Fish, Brown Rice and Black Beans, Carrots	Turkey Slices
Thurs	6/16	Gefilte Fish, Macaroni and Pea Salad, Russian Coleslaw	Tuna Salad
Fri	6/17	Chicken Shawarma, Lentils with Spiced Rice, Israeli Salad	No Alternates
Mon	6/20	Baked Breaded Fish, Dill Lemon Sauce, Rice Pilaf, Sautéed Zucchini	Turkey Slices
Tues	6/21	Stuffed Cabbage w/Beef, Toasted Barley w/Onions, Capri Blend Vegetables	Tuna Salad
Wed	6/22	Vegetarian Bean Chili, Yellow Rice, Kale with Garlic Sauce	Egg Salad
Thurs	6/23	Turkey Salad, Bowtie Pasta Salad, Cucumber and Red Bean Salad	Tuna Salad
Fri	6/24	Roasted Chicken, Carrot Tzimmes, Potato Kugel	No Alternates
Mon	6/27	Salmon Cake, Dill Lemon Sauce, Creamy Spinach, Mashed Potatoes	Turkey Slices
Tues	6/28	Beef Pot Roast, Kasha Varnishkes, Steamed Broccoli	Tuna Salad
Wed	6/29	Eggplant Rounds, Homemade Tomato Sauce, Tofu, Garlic Bread, Italian Blend Vegetables	Tuna Salad
Thurs	6/30	Gefilte Fish, Coleslaw, Potato Salad	Tuna Salad

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.

We cannot guarantee a meal for those who arrive late.

