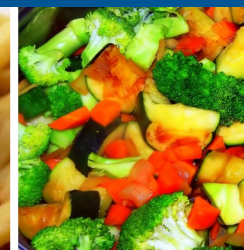


BRONX HOUSE WEINBERG NEIGHBORHOOD SENIOR CENTER

MAY 2022 LUNCH MENU



DAY	DATE	MAIN ENTRÉE	Alternates
Mon	5/2	Chinese Style Pepper Steak, Chow Fun Noodles, Oriental Blend Vegetables	Egg Salad
Tues	5/3	Black Beans Mushrooms Vegan Burger, Green Bean Salad, Homemade Potatoes	Tuna Salad
Wed	5/4	Homemade Breaded Fish, brown Rice and Black Beans Carrots	Turkey
Salad			
Thurs	5/6	Gelfite Fish, Macaroni and Pea Salad With Russian Coleslaw	Tuna Salad
Fri	5/7	Chicken Shawarma Lentils With Spiced Rice and Caramelized Onions Israeli Salad	No
Alternates			
Mon	5/9	Baked Breaded Fish Fillets With Dill Lemon Sauce, Rice Pilaf, Sautéed Zucchini	Egg Salad
Tues	5/10	Stuffed Cabbage With Beef, Barley With Onions, Capri Blend Vegetables	Tuna salad
Wed	5/11	Vegetarian Bean Chili, Yellow Rice, Kale with Garlic Sauce	Egg Salad
Thurs	5/12	Turkey Salad Homemade, Bowtie Pasta Salad	Tuna Salad
Fri	5/13	Roasted Chicken, Carrots Tzimmies , Potato Kugel	No
Alternates			
Mon	5/16	Salmon Cakes, Dill Lemon Sauce, Creamy Spinach, Homemade Mashed Potatoes	Turkey
Salad			
Tues	5/17	Beef Pot Roast, Kasha Varnishkes, Steamed Broccoli	Tuna Salad
Wed	5/18	Eggplant Rounds, Homemade Tomato Sauce, Tofu	Egg Salad
Thurs	5/19	Getfite Fish, Coleslaw, Potato Salad	Tuna Salad
Fri	5/20	Lemon Chicken, Roasted Potatoes, Winter Blend Vegetables	No Alternates
Mon	5/23	Italian Meatballs With Beef and Turkey, Garlic Bread, Pasta, Green Beans	Egg Salad
Tues	5/24	Veggie Burger Braised Red Cabbage, Homemade mashed Potatoes	Turkey
Salad			
Wed	5/25	Stuffed Cabbage With Beef, Noodles and Cabbage, Capri Blend Vegetables	Tuna
Salad			
Thurs	5/26	Salmon Salad, Tricolor Pasta Salad, Beet Salad	Egg Salad
Fri	5/27	Hawaiian Chicken With Vegetables, barley and onions, Steamed Carrots	No Alternates
Mon	5/30	Turkey Meat Sauce, Pasta, sautéed Zucchini, Yellow Squash	Tuna

