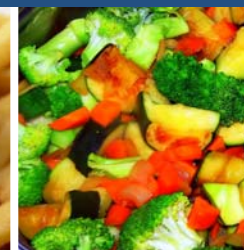


# BRONX HOUSE WEINBERG NEIGHBORHOOD SENIOR CENTER

# MAY 2022 LUNCH MENU



DAY	DATE	MAIN ENTRÉE	Alternates
Mon	5/2	Chinese Style Pepper Steak, Chow Fun Noodles, Oriental Blend Vegetables	Egg Salad
Tues	5/3	Black Beans, Mushrooms, Vegan Burger, Green Bean Salad, Homemade Potatoes	Tuna Salad
Wed	5/4	Homemade Breaded Fish, Brown Rice and Black Beans Carrots	Turkey Salad
Thurs	5/5	Gefilte Fish, Macaroni and Pea Salad with Russian Coleslaw	Tuna Salad
Fri	5/6	Chicken Shawarma Lentils with Spiced Rice and Caramelized Onions Israeli Salad	No Alternates
Mon	5/9	Baked Breaded Fish Fillets with Dill Lemon Sauce, Rice Pilaf, Sautéed Zucchini	Egg Salad
Tues	5/10	Stuffed Cabbage with Beef, Barley with Onions, Capri Blend Vegetables	Tuna salad
Wed	5/11	Vegetarian Bean Chili, Yellow Rice, Kale with Garlic Sauce	Egg Salad
Thurs	5/12	Turkey Salad Homemade, Bowtie Pasta Salad	Tuna Salad
Fri	5/13	Roasted Chicken, Carrots Tzimmes, Potato Kugel	No Alternates
Mon	5/16	Salmon Cakes, Dill Lemon Sauce, Creamy Spinach, Homemade Mashed Potatoes	Turkey Salad
Tues	5/17	Beef Pot Roast, Kasha Varnishkes, Steamed Broccoli	Tuna Salad
Wed	5/18	Eggplant Rounds, Homemade Tomato Sauce, Tofu	Egg Salad
Thurs	5/19	Gefilte Fish, Coleslaw, Potato Salad	Tuna Salad
Fri	5/20	Lemon Chicken, Roasted Potatoes, Winter Blend Vegetables	No Alternates
Mon	5/23	Italian Meatballs with Beef and Turkey, Garlic Bread, Pasta, Green Beans	Egg Salad
Tues	5/24	Veggie Burger Braised Red Cabbage, Homemade Mashed Potatoes	Turkey Salad
Wed	5/25	Stuffed Cabbage with Beef, Noodles and Cabbage, Capri Blend Vegetables	Tuna Salad
Thurs	5/26	Salmon Salad, Tricolor Pasta Salad, Beet Salad	Egg Salad
Fri	5/27	Hawaiian Chicken with Vegetables, Barley and Onions, Steamed Carrots	No Alternates
Mon	5/30	Turkey Meat Sauce, Pasta, Sautéed Zucchini, Yellow Squash	Tuna Salad
Tues	5/31	Chicken Marsala, Roasted Beets, Smashed Red Potatoes	Egg Salad

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

### MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.

We cannot guarantee a meal for those who arrive late.

