



990 Pelham Parkway South ~ Bronx, NY 10461
☎: 718-792-1800 ~ 📠: 718-792-6802
🌐www.bronxhouse.org

Aqua Aerobics Instructor

SUMMARY

The Aqua Aerobics instructor will join Bronx House as a Group Fitness Instructor within the Fitness & Wellness department. Aqua Aerobics combines a low-impact version of standard cardio dance fitness with the natural resistance of water, enabling clients of all fitness levels to maintain a high-energy workout--and have a fun time doing so.

DUTIES/RESPONSIBILITIES

- Assist in ensuring the highest value of fitness instruction and programming is provided to Bronx House members and its participants.
- Teach weekday morning aqua aerobics classes two days a week

QUALIFICATIONS

- Active Group Fitness Certification (ex AFAA, ZIN)
- Must be able to convey the exercises and regressions to a group of individuals with varying fitness levels
- Must be enthusiastic, with a passion for fitness and helping others live fit and healthy lives
- Must possess a strong commitment to collaboration and effective teamwork within the organization

Salary \$35/hr

Qualified candidates, please e-mail a resume jonathan@bronxhouse.org

Disclaimer

The above statements are intended to describe the general nature and level of work being performed by people assigned to this classification. They are not to be construed as an exhaustive list of all responsibilities, duties, and skills required of personnel so classified. All personnel may be required to perform duties outside of their normal responsibilities from time to time, as needed.