

# BRONX HOUSE WEINBERG OLDER ADULT CENTER

# August 2022 LUNCH MENU



DAY	DATE	MAIN ENTRÉE	Alternates
Mon	8/1	Baked Breaded Fish Fillets, Dill Lemon Sauce, Rice Pilaf, Sautéed Zucchini	Turkey Salad
Tues	8/2	Stuffed Cabbage w/Beef, Toasted Barley w/Onions, Capri Blend Vegetables	Tuna Salad
Wed	8/3	Vegetarian Been Chili, Rice, Yellow, Kale with Garlic Sauce	Egg Salad
Thurs	8/4	Turkey Salad Homemade, Bowtie Pasta Salad, Cucumber and Red Bean Salad	Tuna Salad
Fri	8/5	Roasted Chicken, Carrot Tzimmes, Potato Kugel	No Alt
Mon	8/8	Salmon Cakes, Dill Lemon Sauce, Creamy Spinach, Homemade Mashed Potatoes	Turkey Salad
Tues	8/9	Beef Pot Roast, Kasha Vamishkes, Steamed Broccoli	Tuna Salad
Wed	8/10	Eggplant Rounds, Tofu, Garlic Bread, Pasta, Italian Blend Vegetables	Egg Salad
Thurs	8/11	Gefilte Fish, Coleslaw, Potato Salad	Tuna Salad
Fri	8/12	Lemon Chicken, Roasted Potatoes, Winter Blend Vegetables	No Alt
Mon	8/15	Italian Meatballs with Beef/Turkey, Homemade Pasta, Green Bean	Egg Salad
Tues	8/16	Veggie Burgers, Braised Red Cabbage, Homemade Mashed Potatoes	Turkey Salad
Wed	8/17	Stuffed Cabbage with Beef, Noodles and Cabbage, Capri Blend Vegetables	Tuna Salad
Thurs	8/18	Salmon Salad, Tricolor Pasta, Beet Salad	Egg Salad
Fri	8/19	Hawaiian Chicken w/Vegetables, Toasted Barley & Onion, Steamed Carrots	No Alt
Mon	8/22	Turkey Meat Sauce, Pasta, Sautéed Zucchini, Yellow Zucchini	Tuna Salad
Tues	8/23	Chicken Marsala, Roasted Beets, Smashed Red Potatoes,	Egg Salad
Wed	8/24	Vegan Stuffed Peppers, Toasted Barley and Onions, Green Beans	Turkey Salad
Thurs	8/25	Gelfite Fish, Health Salad, Roasted Red Potato Salad	Tuna Salad
Fri	8/26	Roasted Chicken with Brown Gravy, Carrot Tzimmes, Potato Kugel	No Alt
Mon	8/29	Fish Francaise, Rice-A-Roni, Steamed Carrots	Turkey Salad
Tues	8/30	Baked Turkey Breast, Mashed Sweet Potatoes Vegetable Mix	Tuna Fish Salad
Wed	8/31	Beef Meatloaf w/Mushroom Gravy, Creamy Spinach, Homemade Mashed Potatoes	Egg Salad

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

### MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.

We cannot guarantee a meal for those who arrive late.

