

# BRONX HOUSE Gymnasium (Basketball Court) Schedule

## Fall 2022 | Effective September 7, 2022

*Schedules are subject to change seasonally.  
Open Gym times subject to cancellation.  
718.792.1800, ext. 244 | [bronxhouse.org](http://bronxhouse.org)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Senior Conditioning</b> 9:30-10:30am	<b>Pre-K Gym</b> 10:30am-12pm	<b>Senior Conditioning</b> 10:15-11:15am	<b>Pre-K Gym</b> 10:30am-12pm	<b>Pre-K Gym</b> 10:30am-12pm	<b>Pre-K/Youth Sports</b> 9am-12pm	<b>Adult Full Court Basketball</b> 9:30-11:30am
<b>Adult Open Gym</b> <i>Pickleball, Basketball, etc.</i> 12:30-2pm	<b>Adult Open Gym</b> <i>Pickleball, Basketball, etc.</i> 12:30-2pm	<b>Adult Open Gym</b> <i>Pickleball, Basketball, etc.</i> 12:30-2pm	<b>Adult Open Gym</b> <i>Pickleball, Basketball, etc.</i> 12:30-2pm	<b>Adult Open Gym</b> <i>Pickleball, Basketball, etc.</i> 12:30-2pm	<b>Girls Basketball Program</b> <i>Grades 7-12, Fees TBA</i> 12-1:30pm	<b>Family Fitness Sunday</b> 12-2pm
<b>Afterschool Program</b> 2:30-6:15pm	<b>Afterschool Program</b> 2:30-6:15pm	<b>Afterschool Program</b> 2:30-6:15pm	<b>Afterschool Program</b> 2:30-6:15pm	<b>Afterschool Program</b> 2:30-6:15pm	<b>Family Open Gym</b> 1:30-2:15pm	<b>Teen Full Court Basketball</b> 2:30-4:45pm
<b>Adult Full Court Basketball</b> 6:30-9:30pm	<b>Tween Basketball</b> 6:15-7:15pm	<b>Adult Full Court Basketball</b> 6:30-9:30pm	<b>Tween Basketball</b> 6:15-7:15pm	<b>Adult Full Court Basketball</b> 6:30-9:30pm	<b>Tween Basketball</b> 2:15-3:15pm	
	<b>Teen Full Court Basketball</b> 7:30-9:30pm		<b>Teen Full Court Basketball</b> 6:30-9:30pm		<b>Teen Full Court Basketball</b> 3:15-4:45pm	

### Age Restrictions

Tween Gym: Ages 11-13  
 Teen Gym: Ages 14-18 (*18 year olds still in high school must participate in Teen Gym*)  
 Adult Basketball: Ages 18+

### Family Gym

Parents must be present with children!

### Fitness Center Hours

Monday–Friday: 9am-9:45pm  
 Saturday: 8:30am-4:45pm  
 Sunday: 8:30am-4:45pm

### Questions or Concerns? Please contact:

Jonathan Acosta, Director of Fitness & Wellness  
[jonathan@bronxhouse.org](mailto:jonathan@bronxhouse.org) or (718) 792-1800, ext 244

**NEW!  
EXPANDED  
SCHEDULE/HOURS!**