



990 Pelham Parkway South ~ Bronx, NY 10461  
☎: 718-792-1800 ~ 📠: 718-792-6802  
🌐www.bronxhouse.org

### **Cycling Instructor**

The Cycling instructor will join Bronx House as a Group Fitness Instructor within the Fitness & Wellness department. Cycling class makes participants' legs burn as they power through an intense combination of fast-paced cycling and strategic rest intervals—all set to an epic soundtrack to keep them spinning. Must be certified by an accredited institution. Must be able to convey the exercises and regressions to a group of individuals with varying levels of fitness. Must be enthusiastic, with a passion for fitness and helping others live fit and healthy lives.

#### **DUTIES/RESPONSIBILITIES**

- Assist in ensuring the highest value of fitness instruction and programming is provided to Bronx House members and its participants.
- Teach weekday classes two days a week

#### **QUALIFICATIONS**

- Active Group Fitness Certification (ex AFAA, ZIN)
- Must be able to convey the exercises and regressions to a group of individuals with varying fitness levels
- Must be enthusiastic, with a passion for fitness and helping others live fit and healthy lives
- Must possess a strong commitment to collaboration and effective teamwork within the organization
- 1 year teaching experience preferred
- 1 year customer service preferred

**Salary** \$35/hr

**Qualified candidates, please e-mail a resume** [jonathan@bronxhouse.org](mailto:jonathan@bronxhouse.org)

#### **Disclaimer**

The above statements are intended to describe the general nature and level of work being performed by people assigned to this classification. They are not to be construed as an exhaustive list of all responsibilities, duties, and skills required of personnel so classified. All personnel may be required to perform duties outside of their normal responsibilities from time to time, as needed.