

BRONX HOUSE WEINBERG OLDER ADULT CENTER

November 2022 LUNCH MENU



DAY	DATE	MAIN ENTRÉE
Fri	10/28	Roasted Chicken, Challah Bread, Potato Kugel, Carrot Tzimmes No Alt
Mon	10/31	Swedish Meatballs, Egg Noodles, Green Beans, Steamed Sliced Carrots, Tuna Tuna Salad
Tues	11/1	Breaded Eggplant, Fusilli Pasta w/Parsley, Garlic Bread, Italian Blend Vegetables
Wed	11/2	Beef Pot Roast, Homemade Potatoes, Creamy Spinach
Thurs	11/3	Salmon Cakes w/Dill Lemon Sauce, Roasted Potatoes, Winter Blend Vegetables
Fri	11/4	Spanish Style Roasted Chicken, Rice A Roni, Sautéed Zucchini
Mon	11/7	Italian Meatballs w/Beef and Turkey, Garlic Bread, Pasta, Green Beans
Tues	11/8	Veggie Burgers, Braised Red Cabbage, Homemade Mashed Potatoes
Wed	11/9	Stuffed Cabbage w/Beef, Kasha Varnishkes, Capri Blend Vegetables
Thurs	11/10	Fish Francaise w/Dill Lemon Sauce, Yellow Rice, Creamy Spinach
Fri	11/11	Hawaiian Chicken W/Vegetables, Mauzone Toasted Barley and Onion
Mon	11/14	Shepherd Pie w/Beef and Turkey, Garden Salad
Tues	11/15	Chicken Marsala, Yellow Rice, Roasted Beets
Wed	11/16	Vegan Stuffed Peppers, Green Beans, Roasted Potatoes
Thurs	11/17	Sweet and Sour Meatballs, Mauzone Toasted Barley and Onion, Creamy Spinach
Fri	11/18	Roasted Chicken w/Brown Gravy, Potato Kugel, Carrot Tzimmes
Mon	11/21	Turkey Leg w/Whole Grain Stuffing, Mashed Sweet Potatoes, Vegetable Mix
Tues	11/22	TVP Sloppy Joe, Plain Hamburger Bun, Rice and Beans, California Blend Vegetables
Wed	11/23	Beef Meatloaf with Mushroom Gravy, Creamy Spinach, Homemade Mashed Potatoes
Thurs	11/24	Closed
Fri	11/25	Closed
Mon	11/28	Chinese Style Pepper Steak, Chow fun Noodles, Oriental Blend Vegetables
Tues	11/29	Black Beans and Mushrooms Vegan Burger, Green Bean Salad, Roasted Potatoes
Wed	11/30	California Turkey Meatloaf, Homemade Mashed Potatoes, Italian Blend Vegetables

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.

We cannot guarantee a meal for those who arrive late.



A better life for everyone.™



Funded by the NYC Department for the Aging

990 Pelham Pkwy South, Bronx, NY 10461 | 718.792.1800, ext. 228 • bronxhouse.org