



Aquatics Winter Schedule

Schedule & classes effective Monday, January 2, 2023

All classes, times, & instructors are subject to change or cancellation.
718.792.1800, ext. 251 | bronxhouse.org

MONDAY

Adult Swim
11am-1pm

Private Lessons
3:30-4pm

Water Sprites (3-4 yrs)
Super Sprites (3-4 yrs)
4-4:30pm

Level 1 (6-9 yrs)
Level 2 (6-9 yrs)
Level 3 (6-9 yrs)
4:45-5:30pm

Level 4 (6-17 yrs)
Level 5 (10-17 yrs)
Level 6 (10-17 yrs)
5:45-6:30pm

Family Swim
6:30-7:30pm

Tween/Teen Swim
7:30-8pm

Adult Swim
8-9:30pm

Building Closes at 10pm

TUESDAY

Private Lessons
3:30-4pm

Advanced S.S. (4-5 yrs)
Olympic Sprites (5 yrs)
4-4:30pm

Level 1 (6-9 yrs)
Level 2 (6-9 yrs)
Level 3 (6-9 yrs)
4:45-5:30pm

Level 1 (10-17 yrs)
Level 2 (10-17 yrs)
Level 3 (10-17 yrs)
5:45-6:30pm

Adult Intro (18-81 yrs)
Adult Dev (18-81 yrs)
6:45-7:30pm

Adult Swim
7:45-9:30pm

Building Closes at 10pm

WEDNESDAY

**Reserved for the
Weinberg Older Adult
Center Members
Ticket Required**
10:30-11:30am

Adult Swim
11:30am-1pm

Afterschool Swim
3:30-5pm

Level 1 (6-9 yrs)
Level 2 (6-9 yrs)
Level 3 (6-9 yrs)
5:15-6pm

Level 4 (6-17 yrs)
Level 5 (10-17 yrs)
Level 6 (10-17 yrs)
6:15-7pm

Family Swim
7-7:45pm

Tween/Teen Swim
7:45-8:15pm

Adult Swim
8:15-9:30pm

**Building Closes at
10pm**

THURSDAY

Private Lessons
3:30-4pm

Water Sprites (3-4 yrs)
Super Sprites (3-4 yrs)
4-4:30pm

Level 1 (6-9 yrs)
Level 2 (6-9 yrs)
Level 3 (6-9 yrs)
4:45-5:30pm

Level 1 (10-17 yrs)
Level 2 (10-17 yrs)
Level 3 (10-17 yrs)
5:45-6:30pm

Adult Intro (18-81 yrs)
Adult Dev (18-81 yrs)
6:45-7:30pm

Adult Swim
7:45-9:30pm

**Building Closes at
10pm**

FRIDAY

Adult Swim
11am-1pm

**Special Needs
Private Lessons**
3-3:30pm
3:30-4pm

**Advanced S.S.
(4-5 yrs)**
**Olympic Sprites
(5 yrs)**
4-4:30pm

Level 1 (6-9 yrs)
Level 2 (6-9 yrs)
Level 3 (6-9 yrs)
4:45-5:30pm

**Special Needs
Private Lessons**
5:30-6pm
6-6:30pm

Family Swim
6:30-7:30pm

Tween/Teen Swim
7:30-8pm

Adult Swim
8-9:30pm

**Building Closes at
10pm**

SATURDAY

Private Lessons
10-10:30am
10:30-11am

Water Babies (6-18 mos)
Water Sprites (3-4 yrs)
Super Sprites (3-4 yrs)
11:15-11:45am

Water Tots (18-24 mos)
Advanced S.S (4-5 yrs)
Olympic Sprites (5 yrs)
12-12:30pm

**Advanced Water Tots
(24- 36 mos)**
Water Sprites (3-4 yrs)
Olympic Sprites (5 yrs)
12:45-1:15pm

Level 1 (6-9 yrs)
Level 2 (6-9 yrs)
Level 3 (6-9 yrs)
1:30-2:15pm

Level 1 (10- 17 yrs)
Level 2 (10-17 yrs)
Level 3 (10-17 yrs)
2:30-3:15pm

Level 4 (6-17 yrs)
Level 5 (10-17 yrs)
Level 6 (10-17 yrs)
3:30-4:15pm

Building Closes at 5pm

SUNDAY

Water Aerobics
9-10am

Adult Swim
10-11am

Family Swim
11-11:45am

Private Lessons
12-12:30pm
12:30-1pm

Water Babies (6-18 mos)
Water Sprites (3-4 yrs)
Super Sprites (3-4 yrs)
1:15-1:45pm

Water Tots (18-24 mos)
Advanced S.S. (4-5 yrs)
Olympic Sprites (5 yrs)
2-2:30pm

**Advanced Water Tots
(24- 36 mos)**
Water Sprites (3-4 yrs)
Olympic Sprites (5 yrs)
2:45-3:15pm

Adult Intro (18-81 yrs)
Adult Dev. (18-81 yrs)
3:30-4:15pm

Tween/Teen Swim
4:15-4:45pm

Building Closes at 5pm

**NEW!
EXPANDED
SCHEDULE/HOURS!**