

BRONX HOUSE WEINBERG OLDER ADULT CENTER

March 2023 LUNCH MENU



DAY	DATE	MAIN ENTRÉE
Wed	3/1	Turkey w/Gravy, Whole Grain Stuffing, Greens Beans, Homemade Mashed Potatoes
Thurs	3/2	Teriyaki Baked Fish, Yellow Rice, Oriental Blend Vegetables
Fri	3/3	Roasted Chicken, Potato Kugel, Carrot Tzimmes
Mon	3/6	Swedish Meatballs w/Beef and Turkey, Egg Noodles, Green Beans, Steamed Sliced Carrots
Tues	3/7	Breaded Eggplant Cutlets, Tofu, Fusili Pasta w/Parsley, Garlic Bread, Italian Blend Vegetables
Wed	3/8	Beef Pot Roast, Homemade Mashed Potatoes, Creamy Spinach
Thurs	3/9	Salmon Cakes, Roasted Potatoes, Winter Blend Vegetables
Fri	3/10	Spanish Style Roasted Chicken, Rice-A-Roni, Sautéed Zucchini
Mon	3/13	Italian Meatballs w/Beef and Turkey, Garlic Bread, Pasta, Green Beans
Tues	3/14	Veggie Burgers, Braised Red Cabbaged, Homemade Mashed Potatoes
Wed	3/15	Stuffed Cabbage w/ Beef, Kasha Varnishes, Capri Blend Vegetables
Thurs	3/16	Fish Franchise w/Dill Lemon Sauce, Yellow Rice, Creamy Spinach
Fri	3/17	Corn Beef, Cabbage, Boiled Potatoes
Mon	3/20	Shepherded Pie w/Beef and Turkey, Garden Salad
Tues	3/21	Chicken Marsala, Yellow Rice, Roasted Beets
Wed	3/22	Vegan Stuffed Peppers, Green Beans, Roasted Potatoes
Thurs	3/23	Sweet and Sour Meatballs, Mauzone Toasted Barley and Onions, Creamy Spinach
Fri	3/24	Roasted Chicken w/ Brown Gravy, Potato Kugel, Carrot Tzimmes
Mon	3/27	TVP Sloppy Joe, Rice and Beans, California Blend Vegetables
Tues	3/28	Chicken Franchise, Sweet Mashed Potatoes, Mix Vegetables
Wed	3/29	Beef Meatloaf w/Mushroom Gravy, Creamy Spinach, Homemade Mashed Potatoes
Thurs	3/30	Fish Franchise, w/Creole Sauce, Rice-A-Roni, Steamed Carrots
Fri	3/31	Cranberry Chicken, Noodle Kugel, Green Beans

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.
We cannot guarantee a meal for those who arrive late.

Funded by the NYC Department for the Aging

