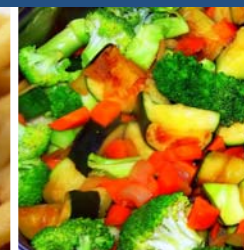


# BRONX HOUSE WEINBERG OLDER ADULT CENTER

# May 2023 LUNCH MENU



DAY	DATE	MAIN ENTRÉE
Mon	5/1	Shepherded Pie w/Beef and Turkey, Garden Salad
Tues	5/2	Chicken Marsala, Yellow Rice, Roasted Beets
Wed	5/3	Vegan Stuffed Peppers, Green Beans, Roasted Potatoes
Thurs	5/4	Sweet and Sour Meatballs, Mauzone Toasted Barley and Onions, Creamy Spinach
Fri	5/5	Roasted Chicken w/ Brown Gravy, Potato Kugel, Carrot Tzimmes
Mon	5/8	TVP Sloppy Joe, Rice and Beans, California Blend Vegetables
Tues	5/9	Chicken Franchise, Sweet Mashed Potatoes, Mix Vegetables
Wed	5/10	Beef Meatloaf w/Mushroom Gravy, Creamy Spinach, Homemade Mashed Potatoes
Thurs	5/11	Fish Franchise, w/Creole Sauce, Rice-A-Roni, Steamed Carrots
Fri	5/12	Cranberry Chicken, Noodle Kugel, Green Beans
Mon	5/15	Chinese Style Pepper Steak, Chow Fun Noodles, Oriental Blend Vegetables
Tues	5/16	Black Bean Mushroom Vegan Burger, Green Bean Salad, Roasted Potatoes
Wed	5/17	California Turkey Meatloaf, Homemade Mash Potatoes, Italian Blend Vegetables
Thurs	5/18	Homemade Breaded Fish, Brown Rice and Black Beans, Steamed Sliced Carrots
Fri	5/19	Chicken Shawarma, Lentils with spiced Brown Rice and Caramelized onions
Mon	5/22	Stuffed Cabbage w/ Beef, Toasted Barley w/Onions, Capri Blend Vegetables
Tues	5/23	Baked Falafel Patties, Hummus, Za'atar Spiced Israeli Salad
Wed	5/24	Turkey w/ Gravy, Whole Grain Stuffing, Green Beans, Homemade Mashed Potatoes
Thurs	5/25	Teriyaki Baked Fish, Yellow Rice, Oriental Blend Vegetables
Fri	5/26	Roasted Chicken, Potato Kugel, Carrot Tzimmes
Mon	5/29	CLOSED
Tues	5/30	Breaded Eggplant Cutlets, Tofu, Fusilli Pasta w/Parsley, Italian Blend Vegetables
Wed	5/31	Beef Pot Roast, Homemade Mashed Potatoes, Creamy Spinach

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

### MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.  
We cannot guarantee a meal for those who arrive late.

Funded by the NYC Department for the Aging

