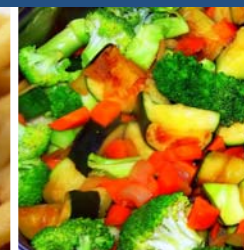


# BRONX HOUSE WEINBERG OLDER ADULT CENTER

# JUNE 2023 LUNCH MENU



DAY	DATE	MAIN ENTRÉE
Thurs	6/1	Salmon Cakes, Roasted Potatoes , Winter Blend Vegetables
Fri	6/2	Spanish Style Chicken , Rice A Roni, Sauteed Zucchini
Mon	6/5	Italian Meatballs W/Beef & Turkey, Pasta, Green Beans
Tues	6/6	Veggie Burgers, Homemade Mashed Potatoes, Braised Red Cabbage
Wed	6/7	Stuffed Cabbage W/Beef, Kasha Varnishkes, Capri Blend Vegetables
Thurs	6/8	Fish Franchise, Yellow Rice, Creamy Spinach
Fri	6/9	Hawaiian Chicken, Toasted Barley & Onion, Steamed Carrots
Mon	6/12	Shepherd Pie W/Beef & Turkey, Garden Salad
Tues	6/13	Chicken Marsala, Yellow Rice, Roasted Beets
Wed	6/14	Vegan Stuffed Peppers, Green Beans, Roasted Potatoes
Thurs	6/15	Sweet and Sour Meatballs, Mauzone Toasted Barley and Onions, Creamy Spinach
Fri	6/16	Roasted Chicken, Potato Kugel, Carrot Tzimmes
Mon	6/19	TVP Sloppy Joe, Rice & Beans, California Blend Vegetables
Tues	6/20	Turkey Leg w/ Gravy, Whole Grain Stuffing, Green Beans, Mashed Sweet Potatoes
Wed	6/21	Beef Meatloaf W/Mushroom Gravy, Homemade Mashed Potatoes, Creamy Spinach
Thurs	6/22	Fish Francaise, Rice A Roni, Steamed Carrots
Fri	6/23	Cranberry Chicken, Noodle Kugel, Green Beans
Mon	6/26	Chinese Style Pepper Steak, Chow Fun Noodles, Oriental Blend Vegetables
Tues	6/27	Black Beans & Mushrooms Vegan Burger, Roasted Potatoes, Green Bean Salad
Wed	6/28	California Turkey Meatloaf, Homemade Mashed Potatoes, Italian Blend Vegetables
Thurs	6/29	Homemade Breaded Fish, Brown Rice & Black Beans, Steamed Sliced Carrots
Fri	6/30	Chicken Shawarma, Lentils W/Spiced Brown Rice & Caramelized Onions, Cucumber Dill Salad

Bread, Margarine, Juice, Fruit, and Milk Served Daily.

### MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.

We cannot guarantee a meal for those who arrive late.



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Funded by the NYC Department for the Aging

