

BRONX HOUSE WEINBERG OLDER ADULT CENTER

April 2024 LUNCH MENU



DAY	DATE	MAIN ENTRÉE
Mon	04/01	Chicken Marsala, White Rice, Italian Blend Vegetables
Tues	04/02	Shepherd Pie with Turkey, Garden Salad
Wed	04/03	Sweet and Sour Beef Meatballs, Egg Barley, Spinach Souffle
Thurs	04/04	Chickpea Stew, Brown Rice, Steamed Green Beans
Fri	04/05	Roasted Chicken, Carrot Tzimmes, Potato Kugel
Mon	04/08	Turkey Burger with Sauteed Onion and Peppers, Roasted Potatoes, California Blend Vegetables
Tues	04/09	Beef Meatloaf with Gravy, Broccoli Kugel, Mashed Potatoes
Wed	04/10	Fish Francese, Rice A Roni, Sauteed Zucchini
Thurs	04/11	Vegetarian Moussaka, Tossed Salad
Fri	04/12	Cranberry Chicken, Noodle Kugel, Italian Cut Green Beans
Mon	04/15	Chinese Style Pepper Steak, Vegetable Lo Mein, Steamed Green Beans
Tues	04/16	California Turkey Meatloaf, Italian Blend Vegetables, Roasted Sweet Potatoes
Wed	04/17	Salmon Cakes with Dill Lemon Sauce, Cous Cous, Roasted Butternut Squash,
Thurs	04/18	Whole Wheat Black Bean Burrito, Brown Rice, Tossed Salad
Fri	04/19	Baked Asian Style Honey Chicken, White Rice, Oriental Blend Vegetables
Mon	04/22	(F) Baked Fish with Tomatoes and Herbs, Mashed Potatoes, Zucchini
Tues	04/23	(F) Turkey Burger, Roasted Potatoes, Beets
Wed	04/24	(F) Cheese Blintz, Butternut Squash, Zucchini
Thurs	04/25	(F) Italian Meat Sauce, Passover Pasta, Carrots
Fri	04/26	(F) Roasted Chicken with Brown Gravy, Carrot Tzimmes, Potato Kugel
Mon	04/29	(F) Salmon Croquette with Lemon Dill Sauce, Matzah Kugel, Carrots
Tues	04/30	(F) Unstuffed Cabbage, Matzo Farfel, Zucchini
Wed	05/01	(F) Frozen Meal- TBD
Thurs	05/02	(F) Frozen Meal- TBD
Fri	05/03	Chicken Shawarma, Jeera Rice, Roasted Beets

PLEASE NOTE: (F)- Heated Frozen Meal in Observation of Passover
Bread, Fruit, and Milk Served Daily.

MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.
We cannot guarantee a meal for those who arrive late.

Funded by the NYC Department for the Aging

