

BRONX HOUSE WEINBERG OLDER ADULT CENTER

LUNCH MENU

MAY 2024



DAY	DATE	MAIN ENTRÉE
Mon	05/06	Homemade Tomato Sauce with Pasta, Turkey Meatballs and Italian Blend Vegetables
Tues	05/07	Lentil Stew, Whole Wheat Couscous and Braised Red Cabbage
Wed	05/08	Beef Pot Roast, Sweet Potatoes and Broccoli Kugel.
Thurs	05/09	Fish Francese, Mashed Potatoes, and Spinach Souffle
Fri	05/10	Hawaiian Chicken, Capri Blend Vegetables, and Roasted Sweet Potatoes
Mon	05/13	Chicken Marsala, White Rice and Italian Blend Vegetables
Tues	05/14	Shepherd Pie with Turkey and Garden Salad
Wed	05/15	Sweet and Sour Beef Meatballs, Egg Barley, and Spinach Souffle
Thurs	05/16	Curry Chickpea Stew, Brown Rice and Steamed Green Beans
Fri	05/17	Roasted Chicken, Carrot Tzimmes, and Potato Kugel
Mon	05/20	Turkey Burger, California Blend Vegetables, and Roasted Sweet Potato Slices
Tues	05/21	Beef Meatloaf with Mushroom Gravy, Broccoli Kugel and Mashed Potatoes
Wed	05/22	Baked Breaded Fish with Dill Lemon Sauce, Rice A Roni, and Sauteed Zucchini
Thurs	05/23	Meaty Vegetarian Moussaka and Tossed Salad with Dressing
Fri	05/24	Cranberry Chicken, Sweet Noodle Kugel and Italian Cut Green Beans
Mon	05/27	CLOSED FOR MEMORIAL DAY
Tues	05/28	Turkey Meatloaf, Italian Blend Vegetables, and Roasted Sweet Potato Slices
Wed	05/29	Salmon Cakes with Dill Lemon Sauce, Cous Cous, and Roasted Butternut Squash
Thurs	05/30	Whole Wheat Bean Burrito, Brown Rice, and Tossed Salad with Dressing
Fri	05/31	Basked Asian Style Honey Chicken, White Rice and Oriental Blend Vegetables

Bread, Fruit, and Milk Served Daily.

MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.
We cannot guarantee a meal for those who arrive late.



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Funded by the NYC Department for the Aging

