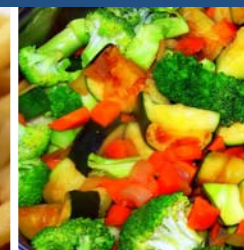


# BRONX HOUSE WEINBERG OLDER ADULT CENTER

# July 2024 LUNCH MENU



DAY	DATE	MAIN ENTRÉE
Mon	07/01	Turkey Burger, California Blend Vegetables, and Roasted Sweet Potato Slices
Tues	07/02	Beef Meatloaf with Gravy, Broccoli Kugel and Mashed Potatoes
Wed	07/03	Baked Fish with Dill Lemon Sauce, Rice A Roni and Sauteed Zucchini
Thurs	07/04	<b>CLOSED FOR HOLIDAY</b>
Fri	07/05	Cranberry Chicken, Sweet Noodle Kugel and Italian Cut Green Beans
Mon	07/08	Chinese Style Pepper Steak, Vegetable Lo Mein and Steamed Green Beans
Tues	07/09	Turkey Meatloaf, Italian Blend Vegetables, and Roasted Sweet Potato Slices
Wed	07/10	Salmon Cakes with Dill Lemon Sauce, Cous Cous and Butternut Squash
Thurs	07/11	Whole Wheat Bean Burrito, Brown Rice and Tossed Salad with Dressing
Fri	07/12	Asian Style Honey Chicken, White Rice, and Oriental Blend Vegetables
Mon	07/15	Chicken Cacciatore, Pasta, and Steamed Green Beans
Tues	07/16	Baked Falafel, Hummus, Rice Pilaf and Za'atar Spiced Israeli Salad
Wed	07/17	Shepherd Pie with Turkey and Tossed Salad with Dressing
Thurs	07/18	Salmon Salad, Bowtie Pasta Salad and Red Cabbage Salad
Fri	07/19	Roasted Chicken, Carrot Tzimmes and Potato Kugel
Mon	07/22	Swedish Meatballs, Egg Noodles, and Steamed Sliced Carrots
Tues	07/23	Vegetarian Three-Bean Chili, Brown Rice and Italian Blend Vegetables
Wed	07/24	Beef Pot Roast, Broccoli Kugel and Roasted Sweet Potato Slices
Thurs	07/25	Teriyaki Baked Fis, White Rice and Steamed Green Beans
Fri	07/26	Chicken Shawarma, Jeera Rice and Roasted Beets
Mon	07/29	Turkey Meatballs, Pasta and Italian Blend Vegetables
Tues	07/30	Lentil Stew, Cous Cous and Braised Red Cabbage
Wed	07/31	Stuffed Cabbage, Kasha Varnishkes, and Steamed Carrots

### MENUS ARE SUBJECT TO CHANGE

Lunch sign-in begins at 11:15am and lunch service begins at 12pm.

Please arrive on time to ensure meal



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*Funded by the NYC Department for the Aging*

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