NORC CALENDAR NOV 2026

NORC OFFICE HOURS / HORARIO DE NORC: Monday-Friday / Lunes-Viernes, 9am-5pm

Actividades de Noviembre 2026

Monday/Lunes, November 2,
11am: Fit for Life with Damian
12pm: Benefits for Medicare with Senior Helpers

Tuesday/Martes, November 3
2 -3:30pm: Arts & Crafts @ NORC
Clase de Arte con Maryidres

Wednesday/Miércoles, November 4
VNS-RN (Visiting Nurse Service)
11am: Medication Safety with Nurse Rose

Thursday/Jueves November 5
VNS-RN (Visiting Nurse Service)
11am: *Physical Therapy Presentation*

Friday/Viernes November 6
11am: Stretching and Movement with Damian

Monday/Lunes, November 9,
11am: Fit for Life with Damian

Tuesday/Martes, November 10,
2-3:30pm: Arts & Crafts @ NORC
Clase de Arte con Maryidres

Wednesday/Miércoles, November 11
VNS-RN (Visiting Nurse Service)
11am: Nutrition Fun Games with Damian
12pm: Lunch
1pm: Preventing Infection with Nurse Rose

Thursday/Jueves November 12
VNS-RN (Visiting Nurse Service)
10:30am-11:30am Music Therapy with Ariel
12pm: Cooking Class with Cindy

Friday/Viernes November 13
10am: Doctor Baptist (Podiatrist)
11am: Stretching and Movement with Damian

Monday/Lunes, November 16
11am: Fit for Life with Damian
1pm- 2:30pm: - Karaoke with Katherine

Tuesday/Martes, November 17
12pm: Crime Prevention with Officer Mela
2-3:30pm: Arts & Crafts @ NORC
Clase de Arte con Maryidres

Wednesday/Miércoles,November 18
11:30am: Basic Knitting With Cindy
1:30pm: Tea and Memories

Thursday/Jueves November 19
VNS-RN (Visiting Nurse Service)
11am: 12pm: Soap Making Class with Katherine
12pm: Lunch
1pm: Advance Care with Nurse Rose

Friday/Viernes November 20
11am: Stretching and Movement with Damian

Monday/Lunes, November 23
11am: Fit for Life with Damian
1-2pm: Clay Class with Aydeliz

Tuesday/Martes, November 24
2-3:30pm: Arts & Crafts @ NORC
Clase de Arte con Maryidres

Wednesday/Miércoles, November 25
11:30am: Sammy's Fish Box Trip- Celebrating October and November Birthdays

Thursday/Jueves November 26
Closed for Thanksgiving

Friday/Viernes November 27
Closed for Thanksgiving

Monday/Lunes, November 30
11am: Fit for Life with Damian
1-2pm: Clay Class with Aydeliz

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